

sydney bush walkers



Leading the way since 1927



Autumn Program 2019



SYDNEY BUSH WALKERS INC

P.O. Box 431 Milsons Point NSW

WALKS GRADING

Day Walk:

A day walk means walking all day - the walks usually start at 8:00am and finish by dark. Often we have dinner afterwards.

Weekend Walk:

A weekend walk may start Friday night and camp at the start or early Saturday morning. On the first day, the party usually gets to camp after 3:00pm and before dark, (hopefully). Happy hour occurs before dinner and is a time when party members share 'nibbles'. The next day's walking could start between first light and 9:00am, usually 8:00 to 8:30am. We usually get back to the cars between early afternoon and dark. After dark finishes do happen, however they are usually not planned for. Often a dinner is arranged at a venue on the way home.

THE GRADING SYSTEM

The Grading System is shown at the bottom of each page and has 4 categories: (D)istance, (F)itness, (A)scent, (T)errain and (E)xposure

Distance S < 10km, M 10-19km, L 20-30km, X >30km; Fitness 1-3; Ascent 1-3; Terrain 1-3; Exposure

D - Distance:	S - Short	under 10 km per day
	M- Medium	10 - 20 km per day
	L - Long	20 - 30 km per day
	X - Extra Long	more than 30 km per day
F - Fitness:	1	Beginners - frequent long rest breaks
	2	Intermediate fitness - stand up regroups, morning tea, lunch and afternoon tea breaks, stops for views
	3	Strenuous, fit walkers only - short regroups, short meal breaks
A - Ascent:	1	Flat to undulating
	2	Undulating with one or more 200m to 300m climbs
	3	Climbs of 300m plus, or one or more large steep climbs
T - Terrain:	1	Formed tracks and / or open terrain, no scrub
	2	Sections of rough track and / or off track and/or creek crossing and / or rock scrambling
	3	Similar to 2 for long periods and / or thick scrub
E - Exposure:		Mild to high exposure to heights (yes or no)

Note that some walks may involve an **exploratory** component where the leader is exploring a new area or feature.

Q - Qualifying: Prospective members note that qualifying walks are indicated on the program with a Q

IMPORTANT: All Q walks require a good level of fitness. It is advisable that new members do a number of easier walks with the club prior to applying for a Q rated walk.

<p>NPWS Party Limits</p> <p>WILDERNESS AREAS: 8 persons</p> <p>OTHER NATIONAL PARK AREAS: 20 persons</p>	<p>DEADLINES FOR WINTER 2019 PROGRAM</p> <p>Period: Winter 2019 (Jun/Jul/Aug)</p> <p>Deadline: Friday 3 May</p>
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Legend	
Colour Codes	Abbreviations
Day Q Walk	NP: National Park
Overnight Q Walk	SF: State Forest
Social Activity	NR: Nature Reserve
Extended Walk	SCA: State Conservation Area
Any other Activity	

* All Map scales are 1:25000 unless otherwise specified.

Additional Expenses

TRAVEL: SBW recommends fuel travel costs are recovered at 30 cents per kilometre shared by all the occupants in the vehicle, including the driver/owner. Drivers may however suggest any amount they believe appropriate. There may be other expenses such as tolls & park entry fees. We encourage car sharing, it is environmentally friendly, helps with driver fatigue and it is a good way to get to know other club members.

ABSEILING/CANYONING: On abseiling trips, fees may be charged for use of the ropes.

Advance Notice and Extended Walks

Sun 10 Mar - Tue 19 Mar	Tasmania - Walls of Jerusalem Maps: TASMAP Walls of Jerusalem & Overland Track 1:25,000 The Walls of Jerusalem is a spectacular area located on Tasmania's Central Plateau. Following transfer drop-off we will spend 3 days base camped at Dixons Kingdom undertaking day trips to all of the major highlights on offer in the WoJ. We will then head across to the Overland Track via Jaffa Vale, Lake Ball, Lake Adelaide, Lake Meston and Junction Lake where our route will be driven by the weather walking up and over the Traveller Range or via the Never Never to Bert Nichols Hut. A side trip into Pine Valley to explore the Labyrinth and The Acropolis before walking out via Narcissus Hut and Lake St Claire. This is a new area for the leader. Both on and numerous off-track sections throughout the walk. 8 days / 7 nights not including travel and transfers – final dates may vary slightly depending on transfer bookings. Expressions of interest from compatible and suitably prepared walkers with multi-day experience welcome. Party limit exists. Grade: M333
Fri 15 Mar - Sun 31 Mar	Various NP - NE NSW Canyoning & gorge walking Maps: Numerous maps A sojourn to canyons & gorges – coastal areas and tablelands of NE NSW starting with the Williams River at Barrington Tops. Mainly day trips with car camping but several overnight trips included. Trip goals – Williams River, upper Gloucester River, Upper Forbes River, Apsley Gorge, Cathedral Rocks, Waper Creek, Urumbilum River, Bangalore Creek, Styx River, Wollomombi Falls, upper Chandler canyon/Inaccessible Gulf. Grade: M333E
Easter	For Easter trips see 19-22 April in the main program
Sat 27 Apr - Sun 5 May	Fraser Island, Queensland - Fraser Island Great Walk [Trip Full] Maps: Fraser Island Great Walk 90 km over 7 days. Approx. 11-25km per day, but average 12-14km. Maximum group - 8 walkers. Explore the world's largest sand island with its beautiful scenery and enjoy a swim in the freshwater lakes. This is the perfect time to walk the Fraser Island Great walk when it's not too hot, but still warm enough to enjoy a swim in all the lakes. Possible food drop if enough people are interested. Joint walk with the Bush Club. Grade: M211

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Wed 1 May - Tue 21 May	<p>Spain - Via de la Plata Maps: Michelin</p> <p>The Via de la Plata runs north from Seville, in Andalucia. Eventually it hits the Camino Frances, at Astorga, still a few hundred km short of the final pilgrims' goal, Santiago de Compostela. We will do only the first 300 km, to Caceres. We will take it slowly - sixteen days in all. Sevilla, Zafra, Merida and Caceres are the highlights.</p> <p>Grade: L211</p>
Sat 11 May - Sun 26 May	<p>West MacDonnell NP - Red Walls, Mt Giles Maps: West MacDonnell NP Map 1</p> <p>Two circuits east of Ormiston Gorge in rocky country with stunning scenery.</p> <p><i>Red Walls Circuit</i> (5 days): Ormiston Gorge - Bowmans Gap - Woolshed Yards - Red Walls Peak 1307 - Bowmans Gap - Ormiston Gorge.</p> <p><i>Mt Giles Circuit</i> (9 days): Ormiston Gorge - Base of Mt Giles - Giles Yard Springs - Portal Gorge (2 nights) - Canyon of Defiance (2 nights) - Mt Giles Summit - Ormiston Creek - Ormiston Gorge.</p> <p>Moderate pace, but some full days. Three days have significant climb (450m, 350m, 750m). Two high camps require a water carry.</p> <p>An adventurous spirit will be an advantage. Perhaps you have already walked the Larapinta Trail and are hungry for more? Or you just love multi-day trips? Early enquiries are invited so that flights can be booked. (If there is no useful rain between now and May, we may need to change the route.)</p> <p>Grade: M223, Individual days will vary from S211 to M233</p>
Sat 1 Jun - Sun 30 Jun	<p>Peru - Extended Treks from Huaraz, Northern Andes [Trip Full]</p> <p>Two walks of 10-11 days each plus acclimatisation time with day walks and a day trip to the pre Inca city of Chavin de Huantar, which dates from around 1200BC. The trip is based in Huaraz, an excellent location for acclimatisation activities, markets, restaurants and cafes. Our first extended walk is around the Cordillera Huayhuash, a high altitude trek, with 8 passes up to 5,000masl. After rest days, we follow up with a steeper trek through the Cordillera Blanca. Snow covered peaks, glaciers, lakes and condor sightings and always surprises. Joint walk with the Bush Club; party limit.</p> <p>Grade: L232E, Walking up to 1000m uphill</p>
Sun 2 Jun - Tue 18 Jun	<p>West McDonnell NP - Larapinta Trail 2019 Maps: Larapinta Trail Map Pack</p> <p>Expressions of interest are sought from suitably prepared and compatible walkers for a 14 day adventure in June 2019 along the Larapinta Trail as it meanders through the spectacular and remote West McDonnell Ranges. Our walk is approx. 250km will start from the west at Redbank Gorge before ascending Mt Sonder (1379m) and then heading east to Alice Springs through an amazing array of arid landscapes. Food drops will be organised. Deposit will be required on nomination to secure pre/post walk accommodation and transfers. Return flights to Alice Springs will need to be booked early. Party limit = 6.</p> <p>Grade: L232E</p>
Sat 13 Jul - Wed 31 Jul	<p>Japan - Tohoku [Trip Full] Maps: all in Japanese</p> <p>One peak in the Northern Alps, the other six in Tohoku - the northern section of Honshu. I won't finalise the details for several more months, but I can say that some of the walks will be multi-day, staying in mountain huts.</p> <p>Grade: M231</p>
Thu 22 Aug - Wed 28 Aug	<p>Italy / Switzerland - Canyoning in the European Alps</p> <p>Expressions of interest are sought for people interested in spending a week canyoning in the Alps. There are 5 popular canyoning areas in Italy and Switzerland, we will sample two of them. Day trips. Lower aquatic risk canyons only. May include some commercial trip(s). Experienced canyoners only. Dates fixed, itinerary fluid - to be derived based on the interests and experience of the party. Party limit.</p> <p>Grade: M233E, Canyon Grade 5</p>

<p>Fri 30 Aug - Sat 14 Sep</p>	<p>Italy Dolomites - Italy - Dolomites - Alta Via 1 Maps: Tabacco Maps 1:25000 031, 03, 015, 025 and 024</p> <p>Expressions of interest are sought for walking the Alta Via 1 (AV1) in the spectacular Dolomites region of northern Italy. For a description of the AV1 see, for example, http://www.thenationalparksgirl.com/blog/2017/8/6/trekking-the-alta-via-1-in-the-dolomites. The AV1 starts at Lago Braies (near Toblach) and finishes at Belluno and guidebook duration is 12 days. This walk is scheduled for 16 days to allow for bad weather and diversions from the guidebook to include some challenging vie ferrate (plural of via ferrata). (See http://www.ukclimbing.com/articles/page.php?id=6918.) Distance is around 150km, with a daily average ascent and descent of about 900m. It crosses 11 interesting Dolomites groups including Tofane, Schiara, Fanes, Pelmo, etc. Maximum walking altitude is around 2750m. Accommodation will be in mountain huts ("rifugios") which serve full meals. This allows light packs with only day walk equipment required plus via ferrata gear. Cost of accommodation and food averages around €55 per day excluding drinks. The standard AV1 includes many "aided" sections where steel cables are utilised to help on steep terrain. This walk will depart from the standard route to include additional challenging vie ferrate, some optional, some part of the main route. These may include VFs Tomaselli, Lagazuoi Tunnels, Averau, Ra Gusela, Al cil dei Bos, Tofana de Rozes, Astaldi, Marmol, Monte Pelf (it depends on the experience and interest of the group). Participants need to be comfortable with big exposure: experience in rock climbing or serious canyoning is essential. Full via ferrata gear including helmets is necessary. Party Limit.</p> <p>Grade: L233E</p>
<p>Sat 14 Sep - Sat 28 Sep</p>	<p>Kosciuszko NP - Lodge-Based Ski Touring Maps: Perisher Valley, Kosciuszko</p> <p>Lodge-based ski day trips from Charlotte Pass. Come for the week 14-21 September or 21-28 September or both. Enjoy the luxury of dry boots, skiing from the door, day trips to places like Lake Cootapatamba, Mt Kosciuszko, Mt Townsend, Mt Lee, Mt Carruthers, Mt Twynam, Watsons Crags, Blue Lake, Club Lake, Mt Stilwell, Twin Valleys, etc, or sharpen up your teles on the lifts. Operation of lifts at Charlotte Pass will be dependent on snow cover.) Experience the outrageously cooperative spring snow and choose the grade to suit yourself. Come for some or all of the week. Cost of full board for one week \$621 for non-members of Southern Alps Ski Club (SASC), fully catered. Great value for full board. You can come for less than a full week, cost pro-rata. 50% deposit required to confirm place.</p> <p>Grade: M222, Vary the grade to suit yourself</p>
<p>Sat 9 Nov - Sat 30 Nov</p>	<p>Nepal - Annapurna Sanctuary, Khopra Ridge and Poon Hill Maps: Nepal Map Publisher. Annapurna Base Camp 1:50,000, Himalayan Map House, Around Annapurna 1:100,000.</p> <p>Three-week trek to Annapurna Base Camp, Khopra Ridge, Poon Hill. This is an exact repeat of the successful walks to the same area in October/November 2017 and 2018. Want to trek in Nepal but unsure of your tolerance to high altitude? Not keen to face the extreme cold of Everest Base Camp? Want to know before you start that you will be led by a Sherpa guide who is known, trusted, resourceful, highly competent and experienced? Already been to Everest Base Camp and want to get up close and personal to Dhaulagiri (world's 8th highest mountain), Annapurna 1 (10th highest), the sacred Machhapuchhre (Fish Tail Mountain) and many others on a walk considered more spectacular than the Everest trek? This may be the walk for you. This teahouse trek (no camping) will visit Annapurna Sanctuary and Annapurna Base Camp, Poon Hill and the little-visited Khopra ridge. Maximum compulsory altitude is 4130m. Total cost is surprisingly modest. Party limit.</p> <p>Grade: M232, Grade varies day-to-day. M222 is the average</p>

Regular Activities	
Wednesdays	Sydney Summer Series The Sydney Summer Series is a program of short orienteering/rogaing events (45 minutes) run every Wednesday evening from October to March. Start anytime between 4.30pm and 6.45pm. It is a great way to keep fit and do a bit of street and local bushland navigation and map-reading in beautiful Sydney suburbs. Come and join other club members who are already taking part, and who often go out for a bite to eat afterwards. See the http://www.sydneysummerseries.com.au website for more information.
Thursdays	Stair Training at The Rocks Please note at times there will be alternative leaders for this activity. Check the SBW Weekly Update each Monday for the leader's contact details. Text the leader before 6pm to be informed of the meeting point. To mix it up and prevent our bodies from adapting, the order of the stairs and the route walked will be changed regularly. This is an opportunity to build fitness and strength for those upcoming walks with some midweek interval training. We'll climb 7 to 9 sets of stairs from 1 to 4 times each. You decide how many times and the pace that each set of stairs is climbed. Some walk up the stairs, others jog and a few bound. Between each set of stairs we walk together and chat whilst enjoying the impressive sunset and night time scenery of The Rocks and Barangaroo. Finish back at Wynyard by 8pm and then there is an option to rehydrate.
Thursdays	SBW group indoor climbing St Peters indoor climbing gym (http://indoorclimbing.com.au/stpeters/). Start at 6pm every Thursday. If you haven't climbed at St Peters before you will need to complete an evaluation by the gym before climbing. See the Integrated Program for contact details.

Mid Week	
Fri 1 Mar Q	TBA - Exploratory bushwalk or non-abseiling canyon Maps: TBA Depending on the weather, either a walk exploring the amazing country in the Wollemi/Mugii Murum-ban or a non-abseiling/swimming canyon walk will be offered. Put this date in your diary and watch Short Notice Walk announcements for exact details. Grade 5 or 6. Grade: S222E-Q
2-3 March	
Sat 2 Mar	Blue Mountains NP - Grand Canyon Maps: Katoomba Blackheath Station - Neates Glen - Grand Canyon - Rodriguez Pass - Evans Lookout - Cliff Top walk - Govetts Leap Lookout - Popes Glen - Boyd Beach - Blackheath Station. This is a Blue Mountains classic walk the leader is finally getting to. Joint walk with The Bush Club. Grade: M221
Sat 2 Mar	Blue Mountains NP - Megalong Valley Maps: Katoomba, Hampton The aim of this walk is to find "The Wheel". I know it exists as I have been to it but haven't been able to find it on recent walks. We will start at the Six Foot Track on the Megalong Road, walk roads and tracks to the grid reference and then search the bush. Any extra grid references or tips would be appreciated. Grade: S112
Sat 2 Mar - Sun 3 Mar	Blue Mountains NP - Wollangambe Crater Maps: Wollangambe A shortish walk to an interesting area with good camping. 10am start. Bell - Centre of the Universe - Pagodas - Wollangambe River - Wollangambe Crater (camp) and return. A rewarding overnigher for those looking for something easier than a Q walk. Grade: S122

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Sun 3 Mar	Lane Cove NP - Lane Cove River walk Maps: Parramatta River Early morning, 7-9am, fast pace walk by the beautiful Lane Cove River. Meet at the Fullers Bridge small car park at 6.45am. We will walk to De Burgh bridge and back and hopefully we will see many birds and other creatures. Grade: S121
Sun 3 Mar	Illawarra Escarpment SRA - Mts Kembla and Keira Maps: Wollongong The Illawarra Range runs parallel to the coast, inland of Wollongong. Jammed between the city and the Cordeaux Dam catchment area, its 500+ m elevation provides great views and interesting variations in forest types. Mt Kembla (534 m) and Mt Keira (464 m) are its main peaks. Each has an attractive network of walking trails around it. By doing both mountains we can get enough distance (about 16 km) to make it worth the trip. All on track. We'll start and finish up high, so not a lot a strenuous climbing. Grade: M221
Mid Week	
Fri 8 Mar Q	TBA - Exploratory bushwalk or non-abseiling canyon Maps: TBA Depending on the weather, either a walk exploring the amazing country in the Wollemi/Mugii Murum-ban or a non-abseiling/swimming canyon walk will be offered. Put this date in your diary and watch Short Notice Walk announcements for exact details. Grade 5 or 6. Grade: S222E-Q
9-10 March	
Sat 9 Mar	Ku-ring-gai Chase NP - Wahroonga to North Turramurra Maps: Hornsby The 21km walk will begin with a few km of street walking from Wahroonga Station. We'll join the Grosvenor & Gibberagong Tracks to Bobbin Head, then the Warrimoo & Darri Tracks to North Turramurra. Joint walk with The Bush Club. An early start with limited numbers. Grade: M211
Sat 9 Mar Q	Newnes SF - Devils Throat and the Cliffs of Camp Creek Maps: Cullen Bullen Find out why this area, which is part of the Gardens of Stone region, must be protected for future generations. Park cars at spot height 1072, GR 413 058 and follow an old fire trail north east, then a bike track, to approximately GR 422 072. Drop down a ridge and to the left of a gully into East Creek. Head east into Camp Creek gorge and visit the amazing Devils Throat. Return to East Creek; follow it north to the junction with Carne Creek. Take the bike track at GR 418 074 to return to the cars. Scrambling and exposure. About 10km. Grade: M232E-Q
Sat 9 Mar Q	Centennial Park - Basic Skills Workshop Maps: Botany Bay Basic navigation, bush craft and first aid skills required for Prospective Members seeking to advance to Full Member status. Experienced Members will be on hand to facilitate this full day event.
Sat 9 Mar - Sun 10 Mar	Blue Mountains NP - Breakfast Creek Maps: Jenolan Flexible plan for a walk in the Wild Dogs: Carlon's farm - Carlon Creek - Breakfast Creek - camp either at junction Coxs River and Breakfast Creek or further, possibly lower Jenolan Gorge. Return will be either the way we walked on Saturday or along Ironmonger Spur or other spur depending on party and weather. Possible swims and many crossings of Breakfast Creek. Short distance and pace of the 6-year-old co-leader should make this a good overnight walk before attempting harder Q walks. Grade: S132

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Sat 9 Mar - Sun 10 Mar Q	Kanangra-Boyd NP - Orange Bluff Maps: Kanangra, Yerranderie Walk from Kanangra down to the beautiful Kowmung River, camping in the vicinity of Orange Bluff. Wonderful views of the wilderness from Kanangra Tops and Cottage Rock. Relatively short walk, but substantial climb back to the cars on Sunday. Suitable for fit prospectives. Parts of this walk are unfamiliar to the leader. Grade: M232-Q
Sun 10 Mar	Blue Mountains NP - Beyond Mt Hay Maps: Katoomba, Mt Wilson Butterbox Point - Mt Hay - Venus Tor - Mt Hay Creek. We follow the track to Butterbox Point and then up to the summit of Mt Hay. From Mt Hay there is a distinct foot pad to Venus Tor with great views over the Grose River. Then it's off track to Mt Hay Creek for lunch. We exit up to the Hurley Heights Fire Trail and wander back to the cars. Grade: M222
16-17 March	
Fri 15 Mar - Sun 17 Mar Q	Wollemi NP - Skyline Traverse in Bylong Labyrinth Maps: Growee, Talooby Strictly limited numbers. Private property access has been arranged. Day 1. Set up the shuffle. Walk from Spring Log Creek to Growee River south of Goat Mountain. Day 2. Climb Goat Mountain and complete a skyline traverse to Painted Rock on Lee Creek. Day 3. From Painted Rock to Growee Gulf. Finish the shuffle. Partly exploratory. Scrambling and exposure. About 30km. Grade: M333E-Q
Sat 16 Mar	Barren Grounds NR - Drawing Room Rocks and beyond Maps: Kangaroo Valley Wattamolla Road - ridge - Drawing Room Rocks - very thick 600m scrub bash to Kangaroo Ridge Trail - Griffiths Trail - Stone Bridge Trail - Barren Grounds Rd car park. Car shuffle needed. Depending on logistics may walk in opposite direction or just do out and back. Ideally someone who doesn't like scrub bashing would run an on-track walk doing the Griffiths Trail loop and would be able to assist with transport - let me know if you can help! Camp at Coolana for reunion that evening. Grade: M232
Sat 16 Mar	Morton NP - Four Lookouts Walk Maps: Burrier Apparently this walk is very popular with some south coast walking clubs. A flat, mostly on track walk to some superb lookouts over the Shoalhaven/Kangaroo River Junction near Tallowa Dam. A 12 noon start to allow participants a leisurely trip down to Coolana. Exploratory for leader but it should be straightforward. Grade: S122
Sat 16 Mar	Ku-ring-gai Chase NP - West Head to Elvina Bay Maps: Broken Bay West Head to Elvina Bay following the coast. 3 creek crossings, rock/boulder hopping, part off track with scrub. Party limit Grade: M222, approx 16 km
Sat 16 Mar - Sun 17 Feb	Blue Mountains NP - Mt Victoria to Blackheath Maps: Mt Wilson Mt Victoria station - Victoria Falls - Grose River - Junction Rock - Blackheath station. Scenic waterfalls and river walking, camp overlooking Mt Banks plus a great climb out to finish. Fit prospectives welcome. Joint with NPA. Grade: M231, 30km

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Sat 16 Mar - Sun 17 Mar	Coolana - SBW 87th Annual Reunion The Reunion is a special weekend event where all members active, inactive, honorary and prospective, their spouses, partners, children and parents can meet and re-meet. Coolana is a magic place with grassy camping sites for hundreds of tents, piped water supply, and a state of the art composting toilet with solar lighting. Coolana is ideal for both fully seasoned and lightly seasoned bushwalkers, and their families young and old. No need to book, all are welcome. Arrive on Saturday at or before lunch time, leave on Sunday after lunch. Alternatively arrive a couple of days before the weekend, leave a couple of days after the weekend.
Sat 16 Mar - Sun 17 Mar	Blue Mountains NP - 2 Day Navigation Workshop - Upper Blue Mountains Maps: Mt Wilson This two day intensive workshop is designed for bushwalkers with little or no experience in map and compass navigation, who really want to sink their teeth into map reading and tradition navigation techniques. Led by a qualified trainer, you will cover map reading and interpretation, reading the land, compass use, timing and pace, taking bearings and loads of other keys into solving the great mystery of, 'Where am I, how do I get to where I want to go and how long will it take me?' Numbers limited to 8 with preference given to those who've already completed their overnight Q walk. Stunning views with practical exercises throughout. It is essential that all participants bring a suitable compass such as the Silva Expedition or Silva Ranger and a Mt Wilson 1:25,000 topographic map. A waterproof map case is highly recommended. Grade: S112
Sun 17 Mar	Morton NP - Mt Carrialoo Maps: Bundanoon Striking flat mountain top in the Kangaroo Valley. Great views over the district. Meet at McPhails Trail at 9am. 400 metre ascent to the trig. If cool weather, will go down the pass at the north western end and consider further options towards Mt Moollattoo, in which case the walk would become a Q. Camping at Coolana on Saturday night possible. Grade: M232
Sun 17 Mar	Kangaroo River near Coolana - Kangaroo River Lilo Maps: Kangaroo Valley Short trip of 3 to 4 hours starting after the official business has been conducted. Will only be on if the weather is fine. Probably launch at the Hampden Bridge and lilo through the gorge to Werona. Grade: S212
Mid Week	
Wed 20 Mar	Kirribilli Neighbourhood Centre - March Social night TBA @ Kirribilli Neighbourhood Centre, 7:30pm
Fri 22 Mar Q	TBA - Exploratory bushwalk or non-abseiling canyon Maps: TBA Depending on the weather, either a walk exploring the amazing country in the Wollemi/Mugii Murum-ban or a non-abseiling/swimming canyon walk will be offered. Put this date in your diary and watch Short Notice Walk announcements for exact details. Grade 5 or 6. Grade: S222E-Q
23-24 March	
Sat 23 Mar	Sydney Harbour NP - Spit to Manly & return Maps: Parramatta River & Sydney Heads Beginning from beneath Spit Bridge we'll take that well-worn track to Manly with all those wonderful Sydney Harbour views along the way. We'll have morning tea at Manly before making the return journey. Lunch will be near Clonnie's Kiosk at Clontarf Beach near the end of the journey. 18.5km. An early start with limited numbers. Joint with The Bush Club. Grade: M211

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Sat 23 Mar Q	Blue Mountains NP - Wild Dogs A walk with a couple of steep climbs... Galong Farm - Ironpot Mountain - Pots and Pans - Breakfast Creek - Knights Pup - Knights Deck - Blue Dog Spur - Cocks River - Ironmonger Ridge - Galong Farm Grade: M232-Q	Maps: Jenolan
Sat 23 Mar Q	Blue Mountains NP - Lindeman Pass Gladstone Pass – Lindeman Pass – Copeland Pass Three historic tracks in the cliff line at Leura in the Blue Mountains. This is an interesting walk, requiring a short car shuffle and some rock scrambling skills. Gladstone Pass is slippery with mild exposure (to heights). Lindeman Pass is rarely walked and may be indistinct in places. Copeland Pass is steep, indistinct with some exposure (to heights). The good news is there is no hurry as the distance is under 10km. ref: 'How to See the Blue Mountains' (second edition) by Jim Smith Map 16. Ref. 'The Blue Mountains Mystery Track Lindeman Pass' by Jim Smith. Grade: S222E-Q	Maps: Katoomba
Sat 23 Mar	Blue Mountains NP - Whungee Wheengee Canyon 3-6 abseils, some long swims, difficult scrambling and some potential duck unders in the canyon. Camping at Mt Wilson on Saturday night. The NSW canyoning association are also holding their end of summer social night at Mt Wilson on Saturday night. https://nswcanyoning.org.au/focus_on_summer/ Grade: M222E, Canyon Grade 4	Maps: Wollangambe
Sun 24 Mar	Blue Mountains NP - Water Dragon Canyon 2 abseils and some long swims in Water Dragon Canyon. Camping at Mt Wilson on Saturday night Grade: M222E, Canyon Grade 4	Maps: Wollangambe
Sun 24 Mar	Blue Mountains NP - Traverse of the Gods The name says it all. Amazing walk along the upper ledge of Mt Banks with spectacular views of the Grose Valley. Close to sheer drops and yet far enough away to feel relatively secure. A couple of sections with mild exposure. You will need a head for heights and a sense of adventure. Off-track and scrambling. Limit 10. Grade: M232E	Maps: Mt Wilson
Sun 24 Mar Q	Royal NP - Waterfall to Garie Trig and back It's a well-beaten path to Palona Cave but we'll go beyond that and explore an off-track section along Palona Ridge to some (hopefully) nice views from Garie Trig. Part-exploratory for the leader. Expect a few leeches and probably scrubby in parts. We'll return to Waterfall via the Wallamurra Tk. Grade: L222-Q	Maps: Otford, Appin
30-31 March		
Sat 30 Mar Q	Yengo NP - Mogo Dingo Navigation Practice Mogo Camping Ground - off track compass and map navigation practice following narrow ridges to Mogo Creek - Portion 40 and The Red Man - fire trail return to Wollombi Road - off track to the Dingo and the Horned Anthropomorph shelter - Mogo Camping Ground. About 14km. Grade: M223-Q	Maps: Kulnura
Sat 30 Mar - Sun 31 Mar	Morton NP - Wineglass Tor & Tims Gully Matodora Ridge - Assay Buttress - Backbender Buttress - Touga West Trig - Wineglass Tor - Speciman Hill - Shoahaven River (camp) - Sunday morning - walk up Tims Gully to Sparkes Falls (return) - exit via Monitor Mount Ridge back to Matodora Ridge "The most spectacular views in the Shoalhaven area" said one trip report I found. Hopefully it will be mainly open ridge walking but no promises as largely exploratory for leader! Grade: M233E	Maps: Touga

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Sun 31 Mar	Blue Mountains NP - Wentworth Falls and The King's Table Maps: Katoomba Wentworth Falls Station - Darwin's Track - Rocket Point - The King's Table - Chester Fire Trail - Undercliff Track - Jamison Lookout - Central Park - Wentworth Falls Station. Spectacular views of Jamison Valley, Mt Solitary and beyond. A chance to have lunch at The King's Table! Grade: M111, 13 km
Mid Week	
Fri 5 Apr Q	Mugii Murum-ban SCA - Pagoda Spurs and Ravines West of Genowlan Gorge Maps: Glen Alice Park on the plateau at GR 250 324. Walk down Genowlan Mountain Trail to about GR 255 329 and find a way up a north-south running defile. Check the pagodas around GR 255 332 and to the south of there. From here, check the ravine and slots to the north west, then walk out on the spur to the south at GR 2525 3300. Now, use the next defile to the west to descend and eventually return back to the cars. About 8km. Exploratory. Scrambling and exposure. Grade: S323E-Q
6-7 April	
Sat 6 Apr Q	Newnes SF - Temple of Doom, Lost Ark Point and Indiana Gorge Maps: Cullen Bullen Find out why this area, which is part of the Gardens of Stone region, must be protected for future generations. Drive to GR 332 088 on Blackfellows Hand Trail. Walk north through the magnificent Temple of Doom and then continue exploring the pagodas on the east side of the ridge, heading north. Arrive at the high cliffs above Wolgan Valley and then walk to Lost Arc Point. After enjoying the stunning views, proceed under the cliffs and into Indiana Gorge. Check out the amazing Indiana Slot and the rest of this scenic hidden valley. Exit the gorge at the south end and make our way back to the cars. About 8km. Scrambling and exposure. Grade: S323E-Q
Sat 6 Apr	Blue Mountains NP - Bruce's Walk (Eastern section) - Trail Run Maps: Katoomba Lawson station - Echo Bluff - Fairy Falls - Kent St - Scarratts Track - Lawson View Rd - Wentworth Falls Station. Mid-morning start. Expect good single track, rough single track, asphalt, fire trails, ladders, caves, and creek crossings. Guesstimate of 12km. Pace will be a slow run, and walking most uphill. Exploratory for the leader. Optional extension of a circuit to the south of Wentworth Falls station for those who are keen. Please indicate your trail running experience when you sign up. Fast walkers welcome. Grade: M322
Sat 6 Apr	Northern Beaches - Manly Wharf - Narrabeen Lakes (Via Dee Why Beach) A spectacular walk along the Manly Beach Esplanade, some rock hopping, through a secret cliff face tunnel, via Freshwater Beach where surfing was introduced in Australia. Bring your own lunch to have at Dee Why Beach. We will then leave the coast behind as we head towards Narrabeen Lakes & walk along the waters edge on a new path to Narrabeen. Dinner / drinks option @ Woodfire Oven Pizza Place. Casual Pace. Great for Prospectives. Start / Finish points accessible by ferry / bus Grade: M211, Approx. 18 km
Sat 6 Apr - Sun 7 Apr Q	Kanangra-Boyd NP - Thousand Man Cave Maps: Kanangra Kanangra Walls - Gordon Smith Pass - Crafts Walls - Gabes Gap - Mt Stormbreaker - Mt Cloudmaker - Hundred Man Cave (collect water) - Thousand Man Cave (camp) - Return by same route If weather conditions are poor, we will camp in Hundred Man Cave instead. Grade: M232-Q

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Sat 6 Apr - Sun 7 Apr Q	Blue Mountains NP - Wentworth Cave Maps: Springwood, Kurrajong A challenging sortie into a rather neglected part of the Blue Mountains. Starting from Faulconbridge, out along Faulconbridge Ridge. After 6 km the way drops steeply off the ridge, and 400 m down to the Grose River. Finally, follow the river another 5 km upstream to the cave. The return route will be cut out the river bash by heading straight up the nose of the ridge, to Faulconbridge Point Lookout. Rugged, lonely country with excellent swimming opportunities. Grade: M233-Q
Sat 6 Apr - Sun 7 Apr	Morton NP - Intro to the Bundawangs; Ngaityung Falls Maps: Budawangs Sketch Map Mt Bushwalker Carpark - Mt Bushwalker - Gadara Point - Ngaityung Falls - Camp - Explore around/under falls - return This is a great intro to the Budawangs without big hills; but big views! You'll see stunning views of The Castle, Clyde Gorge, Folly Point and general Budawangs skyline (some claim its the best view in NSW; come along and see for yourself!). Camp by Ngaityung Falls and swim in adjacent pools. Possible Happy Hour sunset at Gadara Point. Plan to explore under falls (exploratory for leader; may require handline) on the Sunday before return. Mostly undulating, sometimes overgrown track, some minor exposure. Limited party size due to available campsites. Grade: M222
Sun 7 Apr	Royal NP - Bundeena to Otford Maps: Otford, Port Hacking The classic coastal walk traversing the length of Royal National Park. Lots of spectacular coastal scenery and if you're lucky (and have good eyesight) you might get a chance to see some migrating whales in the distance. Grade: L221, 26 km
Mid Week	
Fri 12 Apr Q	Wollemi NP - Newnes Galleries Maps: Ben Bullen Park at Little Capertee Creek Camping Ground and walk up Cathedral Canyon. Once on top, explore the area to the east and north east, named Newnes Galleries on a previous walk. It contains spectacular rock formations. Return the same way. Scrambling and exposure. Partly exploratory. Grade: S333E-Q, About 6km
13-14 April	
Sat 13 Apr	Northern Beaches - Narrabeen - Church Point (Via Bahai Temple) A spectacular walk up to one of the highest points on the Northern Beaches - Bahai Temple, which is the only one in Australia & one of seven in the world. On the way we will walk through the Warriewood Swamplands & past Illawong Waterfall. Bring your own lunch to have around the Temple. Continue down the Ingleside Escarpment, looking for wallabies on the way to Pittwater. We will walk along the Pittwater Foreshore through Bayview, until we arrive in Church Point. Dinner / drinks option @ Waterfront Cafe. Casual Pace. Great for Prospectives. Start / Finish points accessible by bus (public transport). Grade: M211, Approx. 18 km
Sat 13 Apr Q	Yengo NP - Gorricks Run Maps: Auburn and St Albans North west of St Albans. From near the Zen Centre on Gorricks Run, ascend to Womerah Range and Heartbreak Hill. South Lima Trail to Gorricks Creek, off-track for rest of the day, up to Gum Tree Gully and the Spirit Cave. Search north of the Gully for 19th century bridle trail and some old stockmen's huts before returning to the cars. About 20km. Rarely walked area. Beer at St Albans Pub on the way home. Grade: M223-Q

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Sat 13 Apr - Sun 14 Apr	Blue Mountains NP - Wollangambe Bell Road - Centre of the Universe - Wollangambe Crater - Cave - Return A lovely weekend walk visiting Wollangambe Crater. Time to explore once we camp. Grade: M222	Maps: Mt Wilson, Wollangambe
Sun 14 Apr	Wyrabalong NP - Coastal circuit Starting from Forresters Beach, with a falling tide, will head north, hugging the coast line and soon moving off the beach and into a few km of enjoyable rock hopping. Will go as far north as Shelly Beach, then head back south, returning to Forresters Beach via the coast track, taking in the lookouts. Roughly 12-14km, half day walk. Includes stretches of beach walking, rock hopping, steps, some ups and downs, bush track and a small amount on footpath/quiet streets. Beautiful coastal scenery. Options for a dip in the water. Grade: M212	Maps: Gosford & Wyong
Sun 14 Apr	Brisbane Water NP - Wondabyne to Patonga Beginning at Wondabyne Station, the walk will travel by fire trail and track to Mt Wondabyne then to Patonga. Limited numbers and joint with The Bush Club. Grade: M211, 21.5 km	Maps: Broken Bay, Gosford
Mid Week		
Wed 17 Apr	Kirribilli Neighbourhood Centre - April Social night TBA @ Kirribilli Neighbourhood Centre, 7:30pm	
19-22 April – Easter Long Weekend		
Wed 17 Apr - Mon 22 Apr Q	Morton NP - Budawangs sojourn 5 fabulous days in the majestic Budawangs starting at Wog Wog. Will include several afternoons with time to undertake side trips. Route includes – Corang Cascades, Styles Plains, Hidden Valley, Folly Point, Holland Creek Gorge, Monolith Valley & Corang Arch/Peak. Limit of 6. Combination of tent and camping cave stop overs. Mostly on track but some off track sections included. Drive to Wog Wog Wednesday evening. Grade: M232-Q	Maps: Corang, Endrick
Fri 19 Apr	Royal NP - Loftus to Bundeena Loftus Station - Audley - Winifred Falls - Anice Falls - Cabbage Tree Basin - Bundeena. A walk for Good Friday. Pleasant woodland scenery and views of Port Hacking. Finishes with the Bundeena ferry to Cronulla Station. Grade: L211, 20 km	Maps: Port Hacking
Fri 19 Apr - Sun 21 Apr Q	Kanangra-Boyd NP - Mt Colong A challenging but very rewarding walk to the remote Mt Colong – this walk has it all! Day 1 we will follow the Uni Rover Trail to the Kowmung River and camp at a small river bend site (approx. 18km with 900m descent). Day 2 we will ascend to Mt Colong via Mt Billy and return to the Kowmung near Church Creek via Squatting Rock Gap and Armours Ridge (approx. 21km with 750m ascent and 800m descent – big day with water carry required). Day 3 we will return to Kanangra Carpark via the Kowmung to Christies Creek ascending via Cambage Spire and Bullhead Range (approx. 22km with 800m ascent). Total distance approx. 57km with 1550m ascent and 1700m descent. Fit and suitably experienced Prospective Members welcome. Party limit = 8. Grade: L333E-Q	Maps: Kanangra, Yerranderie

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Fri 19 Apr - Mon 22 Apr Q	Wollemi NP - Baker Labyrinth and more Maps: Coricudgy, Mount Pomany Co-leader Ian Thorpe. A 4-day pack walk adventure that will include crossing of the incredible Baker Labyrinth and exploration of the nearby areas. Details to be advised. Scrambling and exposure. Mostly exploratory. Grade: M333E-Q
Fri 19 Apr - Mon 22 Apr	Kanangra-Boyd NP - Morong Deep Easter LWE Maps: Kanangra, Kowmung sketchmap Morong Falls Fire Trail - Morong Creek - Kowmung River (Morong Deep) - Camp Various - Megalith Ridge I completed 'Morong Deep' on Oz LWE and can't wait to get back again! As this is later in the year a spring wetsuit may be required for those more prone to the cold. Members will need to be confident, capable & sustainable with river walking (excessive rocking-hopping and swimming, with optional rock jumping!) and there is some compulsory handline sections. All gear will need to be stored in drybags or similar. Part exploratory for Leader. Small party size due to limited campsites. Water levels will be determining if this trip goes ahead; otherwise I will running a Colo Easter LWE trip (see below for more info). Grade: M232E
Fri 19 Apr - Mon 22 Apr	Wollemi NP - Colo Lilo Long weekend Maps: Six Brothers, Colo Heights Culoul Range - Hollow Rock - Crawfords Pass - Wollemi Creek - Colo River - upstream river explore - <i>Please note; the Morong Deep trip (see above) will take precedence over this trip if the water levels are safe.</i> Relatively relaxing long weekend lilo with magnificent, rugged scenery on the pristine upper Colo River. Camping by the river with guaranteed water views! Plan to explore upper Colo river (and possibly camp) from Wollemi creek confluence. Bring canvas lilo, puncture repair kit; Wetsuits optional. As we will be liloing its important to have all camping gear, clothing, food in water proof bags with pack-weight on the lighter side. You must be a good swimmer and capable rock-hopper and scrambler. Grade: M223E
Sat 20 Apr	Lane Cove & Berowra Valley NPs - Hornsby to Gordon Maps: Hornsby & Parramatta River This is a suburban Station to Station walk. From Hornsby we'll walk to Thornleigh, down into the Lane Cove Valley, De Burghs Bridge & Blackbutt Reserve to Gordon. It's just under 25km. A good pre-qualifying walk, joint with The Bush Club and with limited numbers. Grade: L211
Sat 20 Apr	Lithgow - Bracey Lookout (Via Hassans Walls) A scenic walk through to one of the highest points in the Greater Blue Mountains at over 1,150 metres above sea level, so it will be very fresh. Great views over the Hartley Valley, then proceed to Bracey Lookout with views over Lithgow & out to the Central West. Bring your own lunch. Casual Pace. Great for Prospectives. Start / Finish Points accessible by Train @ Lithgow Train Station. Grade: M211, Approx. 16 km
Sat 20 Apr - Sun 21 Apr Q	Blue Mountains NP - Wild Dogs camping Maps: Jenolan Camp at Splendour Rock Galong Farm - Hobbles Spur - Cattledog - Blue Dog Ridge - Yellow Pup Track - Mt Dingo - camp. Return via Wombat Parade - Blackhorse - Carlons Creek - Carters diversion - Galong Farm Grade: M232-Q
Sun 21 Apr Q	Blue Mountains NP - Megalong Valley Maps: Jamison, Jenolan Dunphy's Camping Area - Road - Glenraphael Head - Tarros Ladders - Road to Dunphy's Camping Area An interesting walk doing two passes of Narrowneck. Both are interesting and you need a "head for heights" on both passes. Small ledges, drops below you and metal spikes!!! Great fun. Grade: M222-Q

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Mon 22 Apr	Berowra Valley NP - Cowan to Berowra Maps: Cowan Cowan Station - Berowra Waters - Berowra Station. A walk for Easter Monday. Spectacular views of Berowra Creek. Steep sections. Grade: M111, 14 km
Mid Week – including ANZAC Day	
Wed 24 Apr - Thu 25 Apr	Blue Mountains NP - Wild Dogs Maps: Jamison, Jenolan Dunphy's Camping Area - Road to Medlow Gap - Yellow Pup Track - Mobbs Soak - Mt Dingo - Splendor Rock (camp) - Wombat Parade - Mt Mouin - Medlow Gap - Dunphy's Camping Area A walk to Splendor Rock for the ANZAC Day Dawn Service. Grade: M222
Thu 25 Apr	Engadine - Woronora River - Heathcote Maps: Port Hacking, Campbelltown Engadine Station - Loftus Creek Track - Forbes Creek Track - Pass of Sabugal - Pipeline Track - Banya Pool - Goburra Track - Heathcote Station. A walk for Anzac Day. Pleasant views of Woronora River and Heathcote Creek. Steep sections. Grade: M111, 15 km
Fri 26 Apr Q	Mugii Murum-ban SCA - West of Genowlan Trig Maps: Ben Bullen, Glen Alice Leave one vehicle at GR 243 305 on Glen Davis Road and drive another to GR 249 322 on the plateau. Climb onto the escarpment and walk southwards, enjoying spectacular views. Next, explore the area west of Genowlan Trig. Use Citadel Pass South to descend to the first car. Mostly exploratory. Scrambling and exposure. About 8km. Grade: S323E-Q
27-28 April	
Sat 27 Apr	Blue Mountains NP - Katoomba Loop Maps: Katoomba Starting Katoomba Oval Car Park Furber Stairs to the Federal Pass walking track towards Leura Cascades along Prince Henry Cliff walk back to Echo Point then to Katoomba Oval via Cliff Drive Trk. Grade: M221E, about 12km
Sun 28 Apr	Garigal NP - Gordon to Narrabeen Maps: Hornsby, Mona Vale From the ridges of Garigal NP to the sea. Some nice views along the way. Gordon - Middle Harbour Creek - Belrose - Slippery Dip Track - Deep Creek - Narrabeen Lagoon - Narrabeen. Grade: M221
Sun 28 Apr	Parramatta Wharf - Cronulla (Via Sydney Airport) A spectacular bike ride from Parramatta, along the Parramatta River on some modern elevated cycleways. Continue through Sydney Olympic Park over one of Sydney's newest bridges over Homebush Bay. We cycle over the M4 & head down the Cooks River. Just after Sydney Airport, we travel & stop in Brighton Le-Sands for a snack stop. Over the famous Captain Cook Bridge & along Woollooware Bay & North Cronulla Beach, arriving at Cronulla Station for our train ride home. Most of it will be on 90%+ Cycleways. Casual Pace. Start / Finish points accessible by ferry / train. (public transport). Note: Bring your own bike. Grade: X311, Approx. 50 km
4-5 May	
Sat 4 May	Sydney Harbour NP - Cremorne Point to Manly Meeting at Cremorne Point ferry wharf we'll walk to Manly via Balmoral and Spit Bridge (27 km). Plenty of great beaches and iconic Harbour views along the way. We will be on well-formed tracks, and there's toilets and water fountains along the way. Prospective members welcome. Grade: L221

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Sat 4 May	Blue Mountains NP - Katoomba and the Radiata Plateau Maps: Katoomba Explorer's Tree - Radiata Plateau - Back Creek Track - Megalong Head - Top of Nellies Glen - Bonnie Doone - Catalina Park - Katoomba Station. Spectacular views of Megalong Valley, Narrow Neck and the Wild Dogs in the distance. Steep sections. Part exploratory for the leader. Meet at Katoomba Station to catch a bus to the start of the walk. Grade: M111, 15 km
Sat 4 May – Sun 5 May	Wollemi NP - South Wolgan Canyoning Maps: Ben Bullen, Cullen Bullen A weekend of dryish canyoning, car camping at Barcoo Swamp (near Rocky Creek) or possibly near the Dry Canyon. Exact canyons to be decided, but will include at least one of (and possibly both) Windows Canyon and Hole-in-the-Rock Canyon. Expect wet feet and possible wades up to waist deep (hopefully no more!). Abseils will depend on the canyons, but typically around 5 abseils to 40m-50m. Mostly off track, scrambling and exposure expected. Preference given to those coming for both days. Grade: S222E, Canyon Grade 4-5
Sat 4 May – Sun 5 May Q	Blue Mountains NP - Wild Dogs camping Maps: Jenolan A circuit through the Wild Dogs to visit some Pups... Galong Farm - Hobbles - Blackhorse - Brindle Pup - Coss River - camp - Blue Pup - Knights Deck - Knights Pup Grade: M232-Q
Sun 5 May	Ku-ring-gai Chase NP, Berowra Valley NP - Berowra Loop Maps: Cowan, Hornsby Starting and finishing at Berowra. Will start by following the Great North Walk south, heading out to Bobbin Head via Mount Kuring-gai. Route back to Berowra will be along Cowan Creek. Approx 25km, good track. Couple of 200m climbs, otherwise some long fairly flat stretches. Includes some pretty views out over the water. Be prepared to walk at a decent pace, with limited breaks. Good training option for longer distance events/walks. Grade: L321
Sun 5 May	Popran NP - Bar Point Exploratory Maps: Cowan, Gunderman Bar Point is an isolated Hawkesbury River settlement. The intended route for the Great River Walk goes there but not all route options have been surveyed. This walk hopefully completes the unknown links. Intended Route is Mt White - Marlow Lookdown - Big Jim Point - Shoreline pad - Bar Point. Then water taxi to Brooklyn. Grade: M212
11-12 May	
Sat 11 May Q	Blue Mountains NP - Leura Maps: Katoomba Roberts Pass - Lindeman Pass - Copeland Pass - Sublime Point Many passes on this walk. Rough in places and the possibility of leeches. Copeland Pass is "airy" in places. You need a head for heights and for the drops below. Grade: M222-Q
Sat 11 May - Sun 12 May	Morton NP - Discovering the Budawangs #2: Folly Point Maps: Endrick, Sassafras, Tianjara So it's been a while between Budawangs discovery walks (discovery for me that is, well known areas for many). We'll ride bikes from Sassafras along the fire trail to Newhaven Gap. Walk out to Folly Point to explore, enjoy the views and spend the night. Possible exploration down the Watsons Pass. On Sunday collect the bikes and ride further to The Vines before walking up to the Bora Grounds on Quiltys Mountain. Walk and ride back to Sassafras. Participants need a bike & transport for it. Grade: M222

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Sat 11 May	Illawarra Escarpment SCA - Austinmer to Stanwell Park Maps: Appin, Bulli Meeting at Stanwell Park Station, we will catch the train to Austinmer and walk back to Stanwell Park via the Wodi Wodi Track. The climb to the top of the escarpment is ~300m and involves the use of ladders. Great views throughout the day. Grade: M221
Sun 12 May	Heathcote NP, Royal NP - Heathcote Loop Maps: Otford, Port Hacking Heathcote Station - Karloo Pools - Uloomoolah Falls - Waterfall Station - Kingfisher Pool - Mirang Pool - Heathcote Station. Meeting at Heathcote, we will walk via the Royal NP to Waterfall and back to Heathcote via Heathcote NP. Grade: L211, Approx 22km
Mid Week	
Wed 15 May	Kirribilli Neighbourhood Centre - May Social night TBA @ Kirribilli Neighbourhood Centre, 7:30pm
18-19 May	
Sat 18 May	Ku-ring-gai Chase NP - Taffys Rock Maps: Cowan Starting from Cowan Station we'll walk to Jerusalem Bay, then up the hill to Govetts Ridge and out to Taffys Rock, which overlooks the Hawkesbury & Pittwater. The views are fabulous. Then it's back to the main track and on track and fire trail to Brooklyn. The Anglers Rest pub is a good place to end up. This walk is just over 20km and is joint with The Bush Club. Grade: M211
Sat 18 May - Mon 20 May Q	Wollemi NP - Pinchgut Creek Maps: Colo Heights Grassy Hill Fire Trail Car Park - exciting descent down Pass 11b - long rock hop down unnamed creek to Colo River - Pinchgut Creek camp - if it has rained recently and we are confident of getting water, day two will be up towards Mt Barakee, Mt Savage and lovely campsite about 1km from Eagles Reach, with third day down Pass 17 c to the Colo and up Canoe Creek to the cars - if water is a problem, day two will be a day pack adventure upstream towards Barakee and back to our Pinchgut Creek campsite, with return to cars on day three via either Snake Bite Pass or 11a. Grade: M233-Q
Sun 19 May Q	Blue Mountains NP - Wild Dogs Maps: Jenolan Dunphy's Camping Area - Breakfast Creek - Cattle Dog - Knights Deck Track - Knights Deck - Breakfast Creek - Ironmonger - Dunphy's Camping Area A classic walk in the Wild Dogs. Suitable for fit prospectives who have completed other Q walks. Grade: M332-Q
Mid Week	
Fri 24 May Q	Blue Mountains NP - Mount Banks to Pierces Pass Traverse Maps: Mt Wilson A spectacular cliff edge traverse, connecting these two iconic destinations. Exploratory for the leader. Scrambling and exposure. About 6km. Grade: S223E-Q
25-26 May	
Sat 25 May - Sun 26 May Q	Kanangra-Boyd NP - Mt Paralyser Maps: Kanangra Kanangra Walls - Crafts Wall - Mt Stormbreaker - Thunder Bend, Kanangra Creek@300m - Mt Paralyser - Mt Thurat - Kanangra Creek@1100m - Kanangra Walls. One of the biggest hills to climb in this pristine wilderness. Camp out at Boyd River Campground Friday night. Party limit 6. Fit prospectives with overnight experience welcome. Grade: M232-Q, 29km, 1500m cum asc

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Sat 25 May - Sun 26 May	Gardens of Stone NP - Carne Creek & Adrenalin Creek Maps: Cullen Bullen Sunnyside Ridge - pagoda ridge line - steep descent - travel upstream on Carne Creek - 5 star campsite at junction of Adrenalin Creek and Carne Creek - explore Adrenalin Creek for exit route - OR - return via entry route. This will be my 3rd exploratory visit to the pristine Carne Creek. Lots of scrambling, climbing, & pagoda-ing. Please come armed with a sense of adventure because we are exploring, who knows what we'll find! Happy hour on the banks of a large pool, that may just be the home to some very special egg-laying mammals. :) Grade: S222E
Sat 25 May - Sun 26 May Q	Blue Mountains NP - Mt Hay Range exploration Maps: Katoomba, Mt Wilson Explore the Mt Hay Range and side spurs walking in a North East direction from the end of Mt Hay road. Return on Sunday could be a by retracing the Saturday route or via Kolonga Ridge, Wentworth Creek, Mt Hay Creek and Hurley Heights. The plan is not set in stone. I expect good views, scrub, scrambling and a tough but rewarding walk. Past the first hour of walking it will be all exploratory for the leader. Grade: M233-Q
Sun 26 May Q	Ben Bullen SF - Ben Bullen State Forest Series – The Northern Valleys Maps: Cullen Bullen Ben Bullen State Forest west of the Great Dividing Range encapsulates, in a relatively small area, everything that is exciting and interesting about bushwalking – incredible rock sculptures, tall pagodas, narrow slot canyons, magnificent caves, verdant forests and more. This unique area is currently under serious threat from mining. Find out why this area must be protected for future generations. About 8km. All off track, some rock scrambling and exposure. Grade: S223E-Q
Sun 26 May	Northern Illawarra Escarpment - Maddens Plains Circuit Maps: Appin, Bulli Boomerang Golf Course - Maddens Fire Trail - Treverro Trig - The Forest Track - Mt Mitchell - Coalcliff Dam - Stanwell Dam - Boomerang Golf Course. Spectacular coastal views from high on the clifftops of the Escarpment. Steep sections. Meet at Waterfall Station for car convoy. Grade: M111, 15 km
1-2 June	
Sat 1 Jun - Sun 2 Jun Q	Blue Mountains NP - Blue Dog Buttress Maps: Jenolan Day 1: Dunphys Camping Area – Tin Pot Hill to Coxs River. Along Coxs River to camp opposite the entrance to Merrigal Creek (500m down). Day 2: Blue Dog Buttress, Knights Deck, Knights Pup to Breakfast Creek and out by Carlons Creek to Dunphys Camping Area (500m down, 1000m up). Grade: M232-Q
8-10 June - Queen's Birthday Long Weekend	
Sat 8 Jun - Mon 10 Jun	Morton NP - The Hunt for the Round Mountain Bora Ground! Maps: Endrick We will be searching for the rarely visited bora ground on Round Mountain. Setting up a base camp for 2 nights near Endrick River. We'll be accessing the area using 2 of my shorts cuts that do involve shallow crossings of the Endrick. Grade: M222E

Autumn 2019 Social Program

Every event is held at the Kirribilli Neighbourhood Centre (KNC), **16-18 Fitzroy Street, Kirribilli**, unless otherwise indicated.

Please assemble on the ground floor so that the yoga class, which uses the room before us, can finish in quiet.

Social Evenings are preceded by a pre meeting dinner at the Mad Italian, a cheap and cheerful Italian restaurant just around the corner at 5A Broughton St, where club members congregate from 6.30pm on.

March

Wed 6 Mar, 7:00pm - **Committee Meeting** - Observers welcome

Wed 13 Mar, 7:30pm - **Annual General Meeting** – While we all love walking, the club cannot run without a Committee. Come along and have the opportunity to vote for new committee members, hear from the committee, and generally show the committee that you appreciate the very hard work they put into making SBW the great club that it is.

Wed 13 Mar, 8:00pm - **Introduction to SBW** - New members evening. An opportunity for those thinking about joining the club to learn more about it.

Sat 16 - Sun 17 Mar – **2019 SBW Reunion**, Coolana, Kangaroo Valley – See details in program

Wed 20 Mar, 7:35pm - **Social Evening: Details TBA via Integrated Program**

April

Wed 3 Apr, 7:00pm - **Committee Meeting** - Observers welcome

Wed 10 Apr, 8:00pm - **Introduction to SBW** - New members evening. An opportunity for those thinking about joining the club to learn more about it.

Wed 17 Apr, 7:35pm - **Social Evening: Details TBA via Integrated Program**

May

Wed 1 May, 7:00pm - **Committee Meeting** - Observers welcome

Wed 8 May, 8:00pm - **Introduction to SBW** - New members evening. An opportunity for those thinking about joining the club to learn more about it.

Wed 15 May, 7:35pm - **Social Evening: Details TBA via Integrated Program**

COME AND SUPPORT OUR GUEST SPEAKERS!

Why not come along and meet for dinner at Kirribilli before one of the social evenings?

Have you had a great trip somewhere you would like to share? Let us know.

See you on the track...

