



Summer Program 2018-19

SYDNEY BUSH WALKERS INC

P.O. Box 431 Milsons Point NSW

WALKS GRADING

Day Walk:

A day walk means walking all day - the walks usually start at 8:00am and finish by dark. Often we have dinner afterwards.

Weekend Walk:

A weekend walk may start Friday night and camp at the start or early Saturday morning. On the first day, the party usually gets to camp after 3:00pm and before dark, (hopefully). Happy hour occurs before dinner and is a time when party members share 'nibbles'. The next day's walking could start between first light and 9:00am, usually 8:00 to 8:30am. We usually get back to the cars between early afternoon and dark. After dark finishes do happen, however they are usually not planned for. Often a dinner is arranged at a venue on the way home.

THE GRADING SYSTEM

The Grading System is shown at the bottom of each page and has 4 categories: (D)istance, (F)itness, (A)scent, (T)errain and (E)xposure

Distance S < 10km, M 10-19km, L 20-30km, X >30km; Fitness 1-3; Ascent 1-3; Terrain 1-3; Exposure

D - Distance:	S - Short	under 10 km per day
	M- Medium	10 - 20 km per day
	L - Long	20 - 30 km per day
	X - Extra Long	more than 30 km per day
F - Fitness:	1	Beginners - frequent long rest breaks
	2	Intermediate fitness - stand up regroups, morning tea, lunch and afternoon tea breaks, stops for views
	3	Strenuous, fit walkers only - short regroups, short meal breaks
A - Ascent:	1	Flat to undulating
	2	Undulating with one or more 200m to 300m climbs
	3	Climbs of 300m plus, or one or more large steep climbs
T - Terrain:	1	Formed tracks and / or open terrain, no scrub
	2	Sections of rough track and / or off track and/or creek crossing and / or rock scrambling
	3	Similar to 2 for long periods and / or thick scrub
E - Exposure:		Mild to high exposure to heights (yes or no)

Note that some walks may involve an **exploratory** component where the leader is exploring a new area or feature.

Q - Qualifying: Prospective members note that qualifying walks are indicated on the program with a Q

IMPORTANT: All Q walks require a good level of fitness. It is advisable that new members do a number of easier walks with the club prior to applying for a Q rated walk.

NPWS Party Limits WILDERNESS AREAS: 8 persons OTHER NATIONAL PARK AREAS: 20 persons	DEADLINES FOR AUTUMN 2019 PROGRAM Period: Autumn 2019 (Mar/Apr/May) Deadline: Friday 1 February
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Legend	
Colour Codes	Abbreviations
Day Q Walk	NP: National Park
Overnight Q Walk	SF: State Forest
Social Activity	NR: Nature Reserve
Extended Walk	SCA: State Conservation Area
Any other Activity	

* All Map scales are 1:25000 unless otherwise specified.

Advance Notice and Extended Walks	
Tue 4 Dec - Sun 9 Dec Q	Kosciuszko NP - Save Kosci Walk - Kiandra to Mt Kosciuszko Maps: Lots This walk is intended to meet with the rest of the bushwalking community at Mt Kosciuszko between December 7 and 9. The exact arrival date will be known closer to December so prepare to be a little flexible about the start and arrival dates. The route will mostly follow the AAWT from Kiandra till Schlink Pass. From there its along The Rolling Ground and the Main Range. Transport arrangements to be confirmed. For more info about the Save Kosci Campaign go to https://savekosci.org/ Bring an SBW T-shirt if you have one. Grade: M232-Q, 80km
Thu 27 Dec - Mon 31 Dec Q	Bogong High Plains, Victoria Maps: Mitta Mitta, Falls Creek 1:50000, or Bogong Alpine Area Outdoor Leisure Map 1:50000 This walk takes in some of the highest peaks in Victoria, starting with Mt Feathertop (second on the list, 1922 metres) and finishing with Mt Bogong (the highest, 1986 metres). There will be five days' walking; a full day's driving (26 December) will be needed to get there and another to return (January 1), but it's worth it! There will be a mixture of short distances with big climbs and longer distances with very little climbing. Apart from the peaks, the walk is planned to include a ramble over the alpine grasslands of the Bogong High Plains; visits to historic huts including Cope Hut, known as "The High Plains Hilton"; and a high-altitude campsite with (hopefully) magnificent sunset views. Grade: M232-Q, About 75km, 3000m ascent/descent
Thu 27 Dec - Tue 1 Jan	Kosciuszko NP - Snowies - Mount Jagungal Maps: Mount Kosciuszko, Khancoban A classic post Christmas walk. Actual route could vary to suit weather etc. Suitable for fit bushwalkers with overnight walks experience. Commence walking mid afternoon Boxing Day. Mostly off-track. Munyang (Guthega Power Station) - Schlink Pass - Mawsons Hut - Mount Jagungal - Tarn Bluff - Gungartan Peak - Granite Peaks - Mount Tate - Guthega Trig - Guthega Village Grade: M232
Thu 27 Dec - Tue 1 Jan Q	Kosciuszko NP - Main Range Ramble Maps: Jagungal, Geehi Dam, Perisher Valley A great post-Christmas walk taking in some of the best of the Snowy Mountains alpine areas. A mid/late morning start from Munyang (Guthega Power Station) - Schlink Pass/Hut - Mt Gungartan - Kerries Ridge - Mawsons Hut - Mt Jagungal - Tarn Bluff - Tin Hut - Gungartan Saddle - Schlink Pass - Rolling Ground - Little Twynam - Guthega. Walking will be mainly off-track and the route/duration may vary depending upon prevailing conditions. Fit and suitably prepared Prospective Members are welcome. Car shuffle required. Grade: L232-Q

Fri 28 Dec - Wed 2 Jan Q	Kosciuszko NP - Kosci Country Figure 8 Maps: Kosci Alpine Area Like a misshapen figure 8 (actually, it looks more like a jumping goldfish), this route lays out some classic highlights of Mt Kosciuszko high country, along with some lesser visited spots, linked together with a mix of off-track, tracks, old huts, scrub and exploratory. Distances range up to 16km/day. Thredbo - Dead Horse Gap - Mt Terrible - The Chimneys (camp). The Cascades - Cascade Hut (camp). Dead Horse Gap - Rams Head - Cootapatamba Hut (camp). Mt Kosciuszko (via the backdoor) - Mt Townsend (option) - Carruthers Peak - The Sentinel (camp). Mt Twynam - Little Twynam - Snowy River - Charlotte Pass - Mt Stilwell - Old Top Station ruins - Trapyard Creek (camp). SW to Kosci Track - Chairlift - Thredbo - Cold Beer. Grade: M223-Q
Mon 7 Jan - Sun 20 Jan	Nelson Lakes NP - Training + Trek (Travers-Sabine Circuit) Maps: TBA Expressions of interest sought for training + trekking trip in NZ South Island. The trip comprises 3 days of training in river crossing, navigation and bush craft/survival skills, taught by Outdoor Education New Zealand, a professional outfit I have trained with before. After the training finishes, we will do a 7-day self-guided trek of the Travers-Sabine Circuit starting from St Arnaud. Most of the track is classified as a 'tramping track' (i.e. walking that 'requires some experience and self-sufficiency'). It is well marked and although most rivers and streams are bridged, after heavy rain there are a number of streams which may not be safe to cross. One section is rated 'hard tramping' (i.e. it requires 'advanced back country skills'). Total climbs around 2000m, including the Travers Saddle. There are huts on the track, but tent and full trekking equipment (including food) must be carried. Joint walk with The Bush Club. Grade: X332E
Mon 21 Jan - Wed 30 Jan	Tasmania - Western & Eastern Arthur Range Maps: To be advised This extended walk starts at Scotts Peak Dam, traverses the impressive Western Arthurs and then continues through the Eastern Arthurs to Federation Peak. From there we exit via Moss Ridge and Farmhouse Creek. Its certainly spectacular mountain country with excellent views but it can incur some notoriously adverse weather at times. Everyone will need to be suitably experienced, well equipped gear wise, and capable of the terrain. Grade: M333E
Fri 1 Feb - Sun 3 Mar	Central America - Costa Rica Crossing 2019 Maps: Costa Rica Extended walk across the mountainous centre of Costa Rica from the Pacific to the Atlantic with many ups and downs. Some hard days and some flat and many ecosystems. Staying or camping in small communities, we cross the range at around 2,200m We start with an optional 3 days in the Corcovado National Park with its many birds and animals, magnificent forests and spectacular coast. We finish with an optional walk to the top of Mt Chirripó, the highest peak in Costa Rica at around 3,800m. Grade: M232
Mon 4 Feb - Tue 12 Feb	Southwest NP, Tasmania - South Coast Track Maps: South Coast Walks Fly to the abandoned mining outpost at Melaleuca on Tasmania's remote southern coast, and then spend 9 days walking through pristine wilderness to get back to civilization. There are a number of steep climbs and descents, including one day of 900 metres and another of 700 metres. Also be prepared for river crossings, mud, changeable Tasmanian weather, a marvellous variety of ecosystems, spectacular vistas and splendid isolation. Group limit of 6. Grade: M232

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<p>Fri 15 Feb - Mon 18 Feb</p>	<p>Hawkesbury River - Rolling Down the River Maps: Wilberforce, Lower Portland, Gunderman Windsor to Brooklyn by sea kayak on the fabulous Hawkesbury River. About 120 km. Long, meandering beautiful historic river. Need your own kayak that can carry camping gear. Camp at free locations like Cattai and Gentlemans Halt. May also use cabins or tent sites at caravan parks. Should get a bit of help from the falling tide each morning. Option to participate for just the Sat and Sun if you can arrange your own transport. Grade: NA - kayaking</p>
<p>Mon 18 Feb - Wed 27 Feb</p>	<p>Southwest NP, Tasmania - Tasmania - South Coast Track Maps: Tasmap 1:100,000 or 1:25,000 This extended 10 day walk traverses the magnificent south coast track from Melaleuca to Cockle Creek. Light plane trip from Hobart to Melaleuca will be arranged. The trip offers some of the best wilderness scenery in SW Tasmania. The route includes a 900m climb over the exposed Ironbound Range and numerous river crossings. Be prepared for wet and muddy conditions and notorious Tasmanian weather, but the preferred summer weather period has been selected. Fuel stoves are compulsory. Walkers will need extended walk experience and to be well equipped for south coast conditions. Two extra days will be allocated for bad weather and side trips. Four additional travel days should be added to the trip for flights. Early expressions in interest by mid-December are invited to secure a spot on the walk and a flight to Melaleuca. Group limit: 4-6 persons. Grade: M232, 85km + side trips</p>
<p>Sat 27 Apr - Sun 5 May</p>	<p>Fraser Island, Queensland - Fraser Island Great Walk Maps: Fraser Island Great Walk Fraser Island Great Walk- Expressions of interest for this 7 day overnight camping pack walk. 90 km over 7 days. Approx. 11-25km per day, but average 12-14km. Maximum group - 8 walkers. Explore the world's largest sand island with its beautiful scenery and enjoy a swim in the freshwater lakes. This is the perfect time to walk the Fraser Island Great walk when it's not too hot, but still warm enough to enjoy a swim in all the lakes. Possible food drop if enough people are interested. Joint walk with the Bush Club. Grade: M211</p>
<p>Wed 1 May - Tue 21 May</p>	<p>Spain - Via de la Plata Maps: Michelin The Via de la Plata runs north from Seville, in Andalucia. Eventually it hits the Camino Frances, at Astorga, still a few hundred km short of the final pilgrims' goal, Santiago de Compostela. We will do only the first 300 km, to Caceres. We will take it slowly - sixteen days in all. Sevilla, Zafra, Merida and Caceres are the highlights. Grade: L211</p>
<p>Sat 1 Jun - Sun 30 Jun</p>	<p>Peru - Extended Treks from Huaraz, Northern Andes [Trip Full] Two walks of 10-11 days each plus acclimatisation time with day walks and a day trip to the pre Inca city of Chavin de Huanter, which dates from around 1200BC. The trip is based in Huaraz, an excellent location for acclimatisation activities, markets, restaurants and cafes. Our first extended walk is around the Cordillera Huayhuash, a high altitude trek, with 8 passes up to 5,000masl. After rest days, we follow up with a steeper trek through the Cordillera Blanca. Snow covered peaks, glaciers, lakes and condor sightings and always surprises. Joint walk with the Bush Club; party limit. Grade: L232E, Walking up to 1000m uphill</p>

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Sun 2 Jun - Tue 18 Jun	West McDonnell NP - Larapinta Trail 2019 Maps: Larapinta Trail Map Pack Expressions of interest are sought from suitably prepared and compatible walkers for a 14 day adventure in June 2019 along the Larapinta Trail as it meanders through the spectacular and remote West McDonnell Ranges. Our walk is approx. 250km will start from the west at Redbank Gorge before ascending Mt Sonder (1379m) and then heading east to Alice Springs through an amazing array of arid landscapes. Food drops will be organised. Deposit will be required on nomination to secure pre/post walk accommodation and transfers. Return flights to Alice Springs will need to be booked early. Party limit = 6. Grade: L232E
Sat 13 Jul - Wed 31 Jul	Japan - Tohoku Maps: all in Japanese If you missed out on this year's trip, here's your chance for next year! One peak in the Northern Alps, the other six in Tohoku - the northern section of Honshu. I won't finalise the details for several more months, but I can say that some of the walks will be multi-day, staying in mountain huts. Grade: M231

Regular Activities

Wednesdays	Sydney Summer Series The Sydney Summer Series is a program of short orienteering/rognaining events (45 minutes) run every Wednesday evening from October to March. Start anytime between 4.30pm and 6.45pm. It is a great way to keep fit and do a bit of street and local bushland navigation and map-reading in beautiful Sydney suburbs. Come and join other club members who are already taking part, and who often go out for a bite to eat afterwards. See the http://www.sydneysummerseries.com.au website for more information.
Thursdays	Stair Training at The Rocks Please note at times there will be alternative leaders for this activity. Check the SBW Weekly Update each Monday for the leader's contact details. Text the leader before 6pm to be informed of the meeting point. To mix it up and prevent our bodies from adapting, the order of the stairs and the route walked will be changed regularly. This is an opportunity to build fitness and strength for those upcoming walks with some midweek interval training. We'll climb 7 to 9 sets of stairs from 1 to 4 times each. You decide how many times and the pace that each set of stairs is climbed. Some walk up the stairs, others jog and a few bound. Between each set of stairs we walk together and chat whilst enjoying the impressive sunset and night time scenery of The Rocks and Barangaroo. Finish back at Wynyard by 8pm and then there is an option to rehydrate.
Thursdays	SBW group indoor climbing St Peters indoor climbing gym (http://indoorclimbing.com.au/stpeters/). Start at 6pm every Thursday. If you haven't climbed at St Peters before you will need to complete an evaluation by the gym before climbing. See the Integrated Program for contact details.

Additional Expenses

TRAVEL: SBW recommends fuel travel costs are recovered at 30 cents per kilometre shared by all the occupants in the vehicle, including the driver/owner. Drivers may however suggest any amount they believe appropriate. There may be other expenses such as tolls & park entry fees. We encourage car sharing, it is environmentally friendly, helps with driver fatigue and it is a good way to get to know other club members.

ABSEILING/CANYONING: On abseiling trips, fees may be charged for use of the ropes.

1-2 December		
Sat 1 Dec	Sydney Harbour Foreshore - Manly to Watsons Bay Here is one for those members who like the challenge of a long day walk! The intent of this walk is to traverse Sydney Harbour from Manly Wharf to Watsons Bay in a day – actually a pretty long day! Our route will take the familiar walks along the harbour foreshore however linked together they will provide an approx. 45km walk opportunity with great views throughout. A brisk pace will be maintained throughout the day with minimal breaks and an early start/late finish. Some scrambling and beach walking will be required along the harbour foreshore. Guaranteed celebration at the Watsons Bay Hotel upon completion! Grade: X312	Maps: Parramatta River, Sydney Heads
Sat 1 Dec Q	Blue Mountains NP - Springwood Springwood Station - Magdala Creek - Western Creek - Sharks Head Cave - Bunyan Lookout - Martins Lookout - Springwood Station Grade: M222-Q	Maps: Springwood
Sat 1 Dec - Sun 2 Dec	Kanangra-Boyd NP - Davies Canyon, Kanangra An overnight canyon for the more experienced member who has already completed at least one other Kanangra Canyon. Pack your minimum ultralight overnight gear in a small bag, leave the wetsuit behind, and come and explore the easiest of the Kanangra overnight wilderness canyons. Exit via Mt Paralyser. First-light start on Saturday; overnight Friday at Boyd River. Grade: M332E, Canyon Grade 6	Maps: Kanangra
Sun 2 Dec	Brisbane Water NP - Point Clare to Woy Woy Point Clare Station - Egyptoid Site - Lyre Trig - Koolewong Ridge - Woy Woy Station. Magnificent views of Brisbane Water and its surrounding hills from high on the clifftops. A rare opportunity to check out some Egyptian hieroglyphs inscribed on a rock face! Steep sections. Good clean fun. Grade: M111, 14 km	Maps: Gosford
Sun 2 Dec	Blue Mountains NP - Du Faur Creek Canyon Liloing canyon. Long pools and high narrow walls are a feature of Du Faur Creek. Lilos and wetsuits needed. Must be confident with swimming and water jumps. Shoes with good grip on wet rock needed (e.g. Volleys). Rock hopping, some scrambling and creek bashing. Grade: M222, Canyon grade 1	Maps: Mt Wilson, Wollangambe
Mid Week		
Mon 3 Dec - Fri 7 Dec	Wollemi NP - Midweek Camping at Dunns Swamp Dunns Swamp is near Rylstone and is very popular for camping and bushwalking. It boasts one of the cleanest waterways in NSW, making it great for a swim or paddle. Basic facilities for campfires and toilets are available in the camping reserve. There are many walking tracks and large rock formations that offer spectacular views of the river and surrounding bush. Grade: S111	Maps: Wollemi
Fri 7 Dec Q	TBA - Exploratory bushwalk or non-abseiling canyon Depending on the weather, either a walk exploring the amazing country in the Wollemi/Mugii Murum-ban or a non-abseiling/swimming canyon walk will be offered. Put this date in your diary and watch Short Notice Walk announcements for exact details. Grade: S223E-Q	Maps: TBA
8-9 December		
Sat 8 Dec Q	Centennial Park - Basic Skills Workshop Basic navigation, bush craft and first aid skills required for Prospective Members seeking to advance to Full Member status. Experienced Members will be on hand to facilitate this full day event.	Maps: Botany Bay

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Sat 8 Dec Q	Newnes SF - Ethereal Canyon and Falls, plus Midsummers Night Grotto Maps: Cullen Bullen Find out why Newnes State Forest, situated within the Gardens of Stone region, must be protected for future generations. Park one vehicle at GR 465 014 off Waratah Ridge Road and another one at about GR 460 005. From the first vehicle, descend into Ethereal Canyon and follow it through a beautiful canyon section and to the falls. No abseiling, but wet feet and more likely. Then visit the small but stunning Midsummers Night Grotto. From there, ascend to the Five Ladies Lookout over the Bungleboori and its pagodas (Three Sisters, watch out). Re-connect with the second car. Spectacular scenery, all unprotected within the State Forest. About 8km. Grade: S223E-Q
Sat 8 Dec Q	Blue Mountains NP - Galong Creek (Walking Canyon) Maps: Jenolan One of the best ways to spend a day in summer is scrambling up through the magical pink granite waterfalls of Galong Creek. This is a walking/scrambling canyon, handline needed in a couple of sections with mandatory wet feet and delightful swimming holes. Snakes almost guaranteed (hopefully not in the pools) and stunning box canyon scenery. Ironpot Mountain - Tinpot Hill – Tinpot Creek - Cox River - Galong Creek - Green Gully. More info see previous trip report: https://lotsafreshair.com/2014/12/08/galong-creek-megalong-valley/ Grade: M222-Q
Sat 8 Dec - Sun 9 Dec	Wollemi NP - Colo/Overnight Lilo Trip Maps: Mountain Lagoon Mountain Lagoon - T3 Track - Tootie Creek - Colo River - camp on river - exit river at Paul Landa Reserve - Mailes Ridge - Gaspers Ridge Track - Mountain Lagoon Exploratory for Leader. We'll be spending quite a bit of time afloat, so you must be competent swimmer. The plan is to find a nice comfortable sand bar and settle in for the night! Grade: M232
Sat 8 Dec - Sun 9 Dec Q	Blue Mountains NP - Coxs River camping Maps: Jenolan Galong Farm - Hobbles Spur - Cattle Dog Ridge - Blue Dog Ridge - Knights Deck - Blue Dog Spur - Coxs River - camp near Grand Bluffs - Quartpot Ridge - Tinpot Mountain - Ironpot Mountain - Galong Farm One climb on each day, with pleasant river camping and swimming to cool off. Grade: M232-Q
Sun 9 Dec	Wollemi NP - Snake Bite Pass - Colo River Maps: Colo Heights Grassy Hill Fire Trail - Colo River Pass 12 (Snake Bite Pass) - lower reaches of Pinchgut Creek to the waterfall - return Pass 11a to Grassy Hill Fire Trail. Spectacular country. Leader has not attempted these passes before. Participants must be very confident on steep slopes, and be competent at scrambling up a rocky creek. Probably just under 10km. No track the whole way. Purpose is to gain information for an overnight walk exploring Pinchgut and perhaps Mt Barakee in the autumn. Grade: S233
Sun 9 Dec	Blue Mountains NP - Faulconbridge to Springwood via the Lookouts Maps: Springwood Shady walk along the Victory Track to Perch Ponds, along Glenbrook Creek and up to Martins Lookout, to spy our destinations on the other side of the creek, Bunyan Lookout and Lost World Lookout. Option of a dip on our return, up the Magdala Creek track to Springwood. Couple of steep climbs of about 200m each. Joint walk with NPA. Grade: M222

Mid Week		
Tue 11 Dec	Sydney south east - Sydney Coastal Walk Maroubra Beach to Watsons Bay via Lurline Bay, Wylies Baths, Coogee Beach, Gordons Bay, Clovelly Beach, Waverley Cemetery, Bronte Beach, Tamarama Beach, Bondi Beach, North Bondi, Dover Heights and Watsons Bay. Depending on weather - swimming opportunities, depending on walkers - coffee opportunities. Finish at Watsons Bay for a swim or coffee or cold beer before catching Ferry back to Circular Quay. All on footpath except for some rock hopping through Lurline Bay. Joint walk with The Bush Club Grade: M211	Maps: Sydney
Fri 14 Dec Q	TBA - Exploratory bushwalk or non-abseiling canyon Depending on the weather, either a walk exploring the amazing country in the Wollemi/Mugii Murum-ban or a non-abseiling/swimming canyon walk will be offered. Put this date in your diary and watch Short Notice Walk announcements for exact details. Grade: S223E-Q	Maps: TBA
15-16 December		
Sat 15 Dec	Blue Mountains NP - Lawson Waterfalls Honour Avenue - Adelina, Junction, Federal, Cataract, Victor and Terrace Falls - Bedford Creek - Terrace Falls Road - Honour Avenue A great walk for a hot summers day. Cool creek walking visiting the waterfalls around Lawson. Grade: M111	Maps: Katoomba
Sat 15 Dec	Lane Cove NP - Chatswood to Waverton Beginning at Chatswood Station the walk will go via the Rail to River Track and then join the Great North Walk through Lane Cove NP. We'll cross the Lane Cove River via Fig Tree Bridge then travel via several reserves to Waverton Station. Approx 21km and an early start with limited numbers. Joint walk with The Bush Club. Grade: L211	Maps: Parramatta River
Sat 15 Dec - Sun 16 Dec	Blue Mountains NP - Closet Canyon & Dargans Creek Canyon Saturday: Closet Canyon - 7-8 abseils - some short swims - grade 4. Car camp at Barcoo swamp. Sunday: Dargans Creek Canyon - no abseils - some short swims - exit via spikes in tree - grade 2. It would be possible to do individual days, but the Sunday would be a long drive for a short day. Grade: M222E, Canyon Grade 4 / Grade 2	Maps: Mt Wilson, Lithgow
Sat 15 Dec - Sun 16 Dec	Wollemi NP - Colo River Lilo Grassy Hill FT - Pass 11a - Colo River - Canoe Creek (camp) - Grassy Hill FT On Saturday we'll descend to the Colo River via Pass 11a (rock scrambling). Once at the Colo we'll inflate lilos and travel downstream (~5km) until we get to Canoe Creek. Don't be deceived. 5km on lilos will probably take most of the day! Camping will be on the lovely sand bank at Canoe Creek. On Sunday we'll have a late start and maybe some games (Summer Bush Olympics?) before a short (6km) walk out the usual Canoe Creek track (Pass 13). A (relatively) leisurely weekend to help you unwind at the start of the holiday season. Grade: S233	Maps: Colo Heights
Sat 15 Dec - Sun 16 Dec	Wollemi NP - Canoe Creek overnigher A classic short walk to the junction of Canoe Creek and the Colo River. It is all on track to camp on the sandy bank of the Colo River. The track is steep and rough though. At camp we can swim, play games, play sports, read, sleep, explore around or any other thing you can think about except light a fire. We should meet another SBW party at camp to make this weekend a very social one. Please note that co-leader is 6 years old and the pace of the walk will be slow. Grade: S132	Maps: Colo Height

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Sun 16 Dec	Berowra Valley NP - Cowan to Hornsby Maps: Cowan, Hornsby Early start for the short sharp hills up and down to Berowra Waters, then continue along the GNW across Sams Creek, Crosslands Reserve, Tunks Ridge to Hornsby. Deceptive cumulative ascent around 1000m but no single climb more than 200m. Great one to get those legs into shape for post-Xmas packwalks. Longish walk at 27km so will be keeping a good pace, plenty of water en-route. Grade: L321
Mid Week	
Wed 19 Dec	SBW Annual Christmas Party Do not miss this great opportunity to eat and catch up with fellow members. The club supplies drinks (alcoholic and non-alcoholic). All required of you is to bring yourself and a plate of food to share. If you can please bring your own plate, cutlery and cup and help lessen the environmental impact. This great event is held at the back of the Kirribilli Neighbourhood Centre unless it pours with rain. Kick off at 6pm, we have to be out by 8:30pm to avoid upsetting the neighbours.
22-23 December	
Sat 22 Dec	Blue Mountains NP - Govetts circuit Maps: Katoomba Govetts Leap carpark - Braeside Walk - Neates Glen - Grand Canyon - Rodriguez Pass - Junction Rock - Govetts Leap Mainly creek walking - opportunities to get wet. Grade: M232
Sat 22 Dec	Brisbane Water NP - Wondabyne to Girrakool Maps: Gosford & Gunderman The walk will begin at Wondabyne Station and go to the Girrakool Picnic area near the Australian Reptile Park. From there we'll walk to the large Mooney Mooney aboriginal area. This site has many engravings of kangaroos, fish, eels and other figures. We'll then return to Wondabyne Station. Approx 23km. Limited numbers with an early start. Grade: L211
Sat 22 Dec - Sun 23 Dec Q	Kanangra-Boyd NP - Mumbedah Creek Maps: Kanangra I've been wanting for years to visit upper Mumbedah Creek after hearing about some unique granite waterslides it hides. Let's go see if they exist! Exploratory trip for leader, should be a good adventure. In via Mumbedah Creek, exit via a big climb up Moorara Spur, Boss, Mountain and Range... Grade: M233E-Q
Sun 23 Dec	Sydney Harbour - Spit Bridge to Manly coastal walk Maps: Parramatta, Sydney Heads Come and join Nicci and me for an early morning walk from the Spit Bridge to Manly. 6am start to miss the heat of the day, with opportunities to swim along the way or at the end, and feel free to join us for a coffee/morning tea afterwards on the newly renovated picnic area next to the Ferry Wharf (or just come for a coffee afterwards if you are in the area!) Grade: S111
Mid Week	
Tue 25 Dec	Blue Mountains NP - Glenbrook Creek Maps: Springwood Shady walk down to Glenbrook Creek and back again. Choice of either a climb up to Lost World Lookout (where there should be cellphone signal for those who need to make family phone calls) or an extended morning tea/lunch beside the swimming hole. Start and finish at Springwood station. Grade: M222, M222 if you climb up to the lookout, otherwise M111

For other walks around this period see the Advanced Notice & Extended Walks section

29-30 December

Sat 29 Dec	Garigal NP - Lindfield to The Spit Maps: Parramatta Bay Beginning at Lindfield Station this walk will go via the Two Creeks Track to Roseville Bridge. From there through Garigal NP to Bantry Bay and Seaforth Oval, ending at Spit Bridge. Great views along the way. Approx. 22km with an early start and limited numbers. Grade: L211
Sun 30 Dec	Barrenjoey Head - Barrenjoey Circumnavigation Maps: Broken Bay A short but fun walk around Barrenjoey at Palm Beach. Meet at the bus stop on Beach Road, Governor Phillip Park, at 9.30am. Clockwise circumnavigation of the Headland timed for low tide and numerous pretty rock pools. Much of the northern side is a rock hop but we will not be in a hurry. At eastern end, we will take the unfashionable route directly up the spur to the Lighthouse, then back down the tourist track for ice cream and coffee. Opportunity to have a swim at "Summer Bay". Likely to be only three hours. Grade: S112

Mid Week

Thu 3 Jan	Berowra Valley NP - Thornleigh to Hornsby Maps: Hornsby Thornleigh Station - Great North Walk - Blue Gum Walk - Hornsby Station Grade: S111
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5-6 January

Sat 5 Jan	Blue Mountains NP - Dunphys to Dunphys Maps: Jamison, Jenolan Starting at Dunphys Camping Area we'll walk via Ironpot Mountain, down Ironmonger Spur to the Coxs River, then along Breakfast Creek and exiting at Carlon Creek. Good quality track but some short steep descents and multiple short creek crossings. Possible stinging nettles so gaiters or long pants recommended. Great views, wonderful bush and nice waterways. Approx 16km with limited numbers. Grade: M222
Sat 5 Jan	Bouddi NP - Bouddi Coastal Walk Maps: Broken Bay Stunning clifftop views, beach walks, bird and animal life and more in a national park which was originally promoted by bushwalkers, particularly SBW legend Marie Byles. Grade: M212, about 17km
Sat 5 Jan - Sun 6 Jan	Morton NP - Bulee Brook and Back Range Creek Maps: Nerriga This area has caught my eye on the aerial images so let's get out there and explore! Be prepared for plenty of creek walking and unexpected twists and turns. May also visit Bainbrig Creek depending on progress and what we find. Grade: M223
Sat 5 Jan - Sun 6 Jan Q	Blue Mountains NP - Merrigal Creek Camp Maps: Jenolan Galong Farm - Hobbles Spur - Breakfast Creek - Cattle Dog Ridge - Blue Dog - Blue Pup - Merrigal Creek camp - Coxs River - Ironmonger - Ironpot - Galong. The aim of this walk is to get away from the city and enjoy a quiet summer evening on the Coxs River. One climb each day - before the heat. Grade: M232-Q

Mid Week		
Tue 8 Jan	Middle Harbour - Holiday program walk 1 During the school holidays I will be leading walks aimed at children (and their parents). Of course any member is welcome; just be aware that the pace will be slower than a normal club walk and that you might have to sustain the conversation of a 6 year old. We'll start this week with the classic Spit to Manly. We'll take our time enjoying swims along the way and perhaps an ice-cream at the end. Grade: S111	Maps: Sydney
Wed 9 Jan	SBW Annual Picnic The annual SBW feature event. Come to the southern end of Balmoral Beach from about 6:00 pm and join with old and new members for a very enjoyable evening. Bring along a picnic meal or buy fish and chips at the nearby shops. BYO Boules and Croquet sets! Grade: S111	
Mid Week		
Fri 11 Jan Q	TBA - Exploratory bushwalk or non-abseiling canyon Depending on the weather, either a walk exploring the amazing country in the Wollemi/Mugii Murum-ban or a non-abseiling/swimming canyon walk will be offered. Put this date in your diary and watch Short Notice Walk announcements for exact details. Grade: S223E-Q	Maps: TBA
12-13 January		
Sat 12 Jan Q	Newnes SF - Howling Arch, the Pool of Diana and the Pool of Aphrodite Find out for yourself why this unique area, currently under threat, must be protected, now. Drive to approximately GR 468 058 on the Deep Pass Trail. Head down a spur trending slightly west of south and then south as it nears Dingo Creek. Visit Howling Arch, an amazing natural feature. Enter Dingo Creek and progress downstream for about 1.3km, visiting the scenic Pool of Diana on the way, continue underneath high cliffs to GR 476 048, the start of a north, north west trending ravine. Follow the ravine up, visiting the spectacular Pool of Aphrodite along the way, to eventually reconnect with the trail and the vehicles. About 6km. All off track, some rock scrambling and exposure. Grade: S223E-Q	Maps: Rock Hill, Cullen Bullen
Sat 12 Jan - Sun 13 Jan Q	Kanangra-Boyd NP - Morong Deep Morong Falls Fire Trail - Kowmung River (Morong Deep) - Megalith Ridge Must have previous scrambling experience, rock-hopping in creeks, lightweight packs (<10kg) and reasonable swimming ability. A couple of sections will require descending via a handline. Small party size. Trip will only go ahead if river level is appropriate. Grade: S333E-Q	Maps: Kanangra, Yerranderie, Shooters Hill, Gurnang
Sun 13 Jan	Wollemi NP - Glow Worm Tunnel & The Dry Canyon Walk through the famous Glow Worm Tunnel. As we turn off our torches and complete darkness surrounds us, the glow worms make the tunnel look like a starry night. We then drive to Wolgan View canyon car park. This is a non-abseiling, walk through canyon with views over the Emirates resort in the Wolgan Valley. All wheel drive or 4x4 wheel drive cars are necessary to be able to drive to the start of each walk. Numbers could be limited due to available cars. Grade: S112	Maps: Ben Bullen, Cullen Bullen

Sun 13 Jan	Heathcote NP - Heathcote Long Lunch Maps: Appin, Campbelltown This walk was cancelled last year due to very hot weather. Meeting at Heathcote Station, we will catch the train to Waterfall and walk back to Heathcote via a lunch time visit to Lake Eckersley. Hopefully the weather will be warm (but not too warm) so plenty of time can be spent swimming at lunch and possibly throughout the day. Bring a little something to share while we picnic and swim. This walk is perfect for those new to bushwalking as the pace will be slow and steady. Grade: M111
Mid Week	
Tue 15 Jan	Evening Walk Bondi to Coogee Bondi Beach An easy walk on a summer's evening along the coastal pathway followed by dinner (fish and chips or BYO) in a beachside reserve. Meet at the steps at southern end of the beach above the toilets. Please phone me if you would like to join us. Grade: S111
Tue 15 Jan	Manly Dam - Holiday program walk 2 Maps: Manly Dam The second of the walks aimed at children and their parents. Manly Dam loop. An easy walk on good tracks around the lake formed by Manly Dam. We should be able to cover the 8 to 10 km of the walk in the morning and be back at the start for lunch and a swim. Grade: S111
Wed 16 Jan	How to be leader 101 Been walking with the club for a while and want to give back? Leaders not putting on walks in the areas you want to go to or on the dates you want? Just want to lead walks or at least understand what it involves? This night is for you! We will go through how to run your first walk from the start (coming up with your route and advertising it), the middle (getting participants, going on the walk itself) and the end (sending in a walks report). Kirribilli Neighbourhood Centre – 7:35pm This is timed so you have a few weeks to think about walks to submit for the Autumn Program (walks due in early February).
Fri 18 Jan Q	TBA - Exploratory bushwalk or non-abseiling canyon Maps: TBA Depending on the weather, either a walk exploring the amazing country in the Wollemi/Mugii Murum-ban or a non-abseiling/swimming canyon walk will be offered. Put this date in your diary and watch Short Notice Walk announcements for exact details. Grade: S223E-Q
19-20 January	
Sat 19 Jan Q	Blue Mountains NP - Edenderry and Hilary Falls Maps: Katoomba Govetts Leap - Junction Rock - Edenderry and Hilary Falls - Grand Canyon - Govetts Leap Two attractive lesser known waterfalls. Small amount of easy off track walking. Good walk if it's a hot summer's day - plenty of walking in the shade of the cliffs, and swimming possible at the falls. Grade: M232-Q, 14km, 650m up/down
Sat 19 Jan - Sun 20 Jan	Blue Mountains NP - Wollangambe Crater Maps: Wollangambe Bell - Wollangambe Crater - Bell Will start from Bell and meander our way to Wollangambe Crater at the 6 year old co-leader's little leg pace. We can check out the cave along the Wollangambe River and have a long swim in the river to cool down. Kids welcome as long as they are ok with a 9km walk and up to 440m ascent on the way back. Grade: S122, 250m asc day 1 / 440m asc day 2

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Sat 19 Jan - Sun 20 Jan	Morton NP - Washedaway Creek Maps: Touga A return trip to an old favourite. If you like creek walking with lots of jump-ins and scrambling then you may enjoy this camp trip. Guaranteed wet everything. Inverary Rd, Bungonia - Matador Ridge - Washedaway Creek - Shoalhaven River - Camp Various return routes possible depending on capabilities of party. A hand rope is required to scramble down at one point. Best suited to members with prior canyoning experience and fit adventurous perspectives If you wish to view a video showing highlights of our trip 2 years ago, search "Shoalhaven shenanigans" on Lotsafreshair's YouTube channel. Grade: S232E
Sat 19 Jan - Wed 20 Jan Q	Blue Mountains NP - Jenolan River camping Maps: Jenolan Galong Farm - Ironpot Mountain - Tinpot Hill - Galong Creek - Coxs River - Jenolan River (camp) - Coxs River - Breakfast Creek - Ironmonger Hill - Galong Farm. Mixture of track, open off-track and riverside walking, with delightful camping around the junction with the Jenolan River. Steep climb out 580m will be in the early part of the day. Joint walk with NPA. Grade: M232-Q
Mid Week	
Tue 22 Jan	Heathcote NP - Holiday program walk 3 Maps: Port Hacking, Campbelltown The third of the walks aimed at children and their parents (although any member is welcome). Waterfall to Heathcote via Heathcote NP. Slightly longer and harder track than the previous two walks. We should be able to fit in a couple of swims. Grade: S121
Fri 25 Jan Q	TBA - Exploratory bushwalk or non-abseiling canyon Maps: TBA Depending on the weather, either a walk exploring the amazing country in the Wollemi/Mugli Murum-ban or a non-abseiling/swimming canyon walk will be offered. Put this date in your diary and watch Short Notice Walk announcements for exact details. Grade: S223E-Q
26-28 January – Australia Day Long Weekend	
Sat 26 Jan	Garigal NP - St Ives to Lindfield Maps: Parramatta River We'll begin with a bus ride from Gordon to St Ives. The walk will go via the Cascade, Governor Philip and Lyrebird Tracks to the Davidson Park Reserve. Then we'll cross the Roseville Bridge and join the Two Creeks Track to Lindfield Station. This walk has a good deal of shade for a warm day. An early start and limited numbers. Joint walk with The Bush Club Grade: M211
Sat 26 Jan	Blue Mountains NP - Erskine Creek Maps: Penrith Erskine Creek Lookout – Jack Evans Track – Erskine Creek – Lincoln Creek Junction – Dadder Cave – Blands Pool – return via Pisgah Rock to cars at fire trail. A beautiful walk with plenty of swimming. Two massive pools. Some exposure up Pisgah Rock, nice rock platforms, some rock scrambling and some scrub. Grade: M222, 13km
Sat 26 Jan - Mon 28 Jan	Kanangra-Boyd NP - Morong Deep Australia LWE Maps: Kanangra, Kowmung sketchmap Morong Falls Fire Trail - Morong Creek - Kowmung River (Morong Deep) - Megalith Ridge Morong Deep is one of the classic summer trips in the Kanangra. Members will need to be confident with river walking and swimming (lots of compulsory swims) and there is some handline sections. All gear will need to be stored in drybags or similar. Exploratory for Leader Grade: M232E

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Sat 26 Jan - Mon 28 Jan Q	Morton NP - Ettrema: The Jumps - Myall Creek Maps: Touga, Nerriga Quiera Clearing - The Jumps - Bullfrog Creek - Ettrema Creek - Myall Creek - Quiera Clearing Magnificent wilderness creek walking, hopefully with plenty of swimming opportunities. Walkers must be proficient scramblers, with a head for heights. Largely exploratory for leader. Grade: M233E-Q
Sat 26 Jan - Mon 28 Jan	Colo River - Tootie Creek and Colo River water fest Maps: Mountain Lagoon, Colo Heights Escape a hot day and descend from Mountain Lagoon down Cabbage Tree Creek to Tootie Creek. Discover one of the true gems of the Colo/Wollemi National Park, rarely visited and full of surprises. This is a creek walk with compulsory wet feet (and bodies) and rock hopping and scrambling a given. Camp on rock platforms. Waterproofing of pack essential. Not a beginners rock-hopping trip as we need to keep a steady pace. Once we hit the Colo, bring out your inflatable animal for a float fest down stream to find our second night on the Colo. Exit via an offtrack scramble /exploratory / shortcut (??) to reach Gaspers Ridge F/T and back to Mountain Lagoon. Grade: M233
Sat 26 Jan - Mon 28 Jan	Wollemi NP - LWE Newnes canyoning Maps: Mt Morgan Part exploratory overnight canyoning trip in the Wollemi. Do Lucky canyon, setting up in camping cave on the way through. If time permits may do unnamed creek to the east (which has some canyon sections). Day 2 – Alcove canyon. Day 3 return to the cars via Firefly canyon. Drive to Newnes Friday evening. Limit: 5 Grade: M333E
Sun 27 Jan Q	Blue Mountains NP - Ruined Castle via Causeway Creek Maps: Jamison, Katoomba Furber Stairs - Malaita Point - Causeway Creek and Kedumba River junction - Ruined Castle - Furber Stairs. This walk takes a different route across the Jamison Valley to Ruined Castle. There's a lot of very nice bush down in the valley and filtered views of the cliffs and landscape highlights around the valley. The junction of Causeway Creek and Kedumba River is a cool oasis and a great place to enjoy morning tea. Grade: M232-Q
Mid Week	
Fri 1 Feb Q	TBA - Exploratory bushwalk or non-abseiling canyon Maps: TBA Depending on the weather, either a walk exploring the amazing country in the Wollemi/Mugii Murum-ban or a non-abseiling/swimming canyon walk will be offered. Put this date in your diary and watch Short Notice Walk announcements for exact details. Grade: S223E-Q
2-3 February	
Sat 2 Feb Q	Blue Mountains NP - Edenderry Falls swim Maps: Katoomba Evans Lookout - Clifftop walk - Govetts Leap - Junction Rock - Govetts Creek - Edenderry Falls (lunch and swim) - return via Old Horse Track Grade: M232-Q
Sat 2 Feb	Heathcote NP - Boobera Pool Maps: RNP Tourist, Appin, Campbelltown Waterfall Station – Mooray Track – Bullawarring Track – Woronora River – Boobera Pool – Pipeline Track – Bullawarring Track – Waterfall Station. One of the most impressive swimming holes in the Sydney region. Mainly tracks with minor scrub, rock hopping and creek crossings. Welcome beer at Heathcote Pub at the end of the walk. Grade: M221, 20km

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Sat 2 Feb - Sun 3 Feb Q	Kanangra-Boyd NP - Central Christys and Tagla Rift Uni Rover - Spinebender - Central Christys - Tagla Rift - Exit (via Arabanoo Peak or Creek) Grade: M233E-Q Maps: Yerranderie
Sun 3 Feb	Royal NP - Audley to Winifred Falls The walk will involve walking from Audley to have a swim at Winifred Falls and Anice Falls. Exact route to be determined based on the number of cars in the group. The main activity of the day will be to enjoy bush swimming in the warmer weather... so a very relaxed day with not many kilometres. Grade: S111 Maps: Port Hacking
Mid Week	
Fri 8 Feb Q	TBA - Exploratory bushwalk or non-abseiling canyon Depending on the weather, either a walk exploring the amazing country in the Wollemi/Mugii Murum-ban or a non-abseiling/swimming canyon walk will be offered. Put this date in your diary and watch Short Notice Walk announcements for exact details. Grade: S223E-Q Maps: TBA
9-10 February	
Sat 9 Feb Q	Newnes SF - East Creek Glories Park near spot height 1057 at 427 060. The East Creek Glories walk will start by coming down into East Creek Galleries, then visit a spectacular side ravine; it will then move on to the West Side Falls and West Side Chamber; continue to East Creek Falls; then exit on the eastern side to visit the top of the falls. About 8km. Grade: S223E-Q Maps: Cullen Bullen
Sat 9 Feb	Dharawal NP - O'Hares Creek explore Jingga Walking Track car park - road - 10B Trail - unnamed fire trail to approx 023145 - bash to creek - O'Hares Creek - Jingga Walking Track Let's go and see what Dharawal National Park has to offer! I've never been there but the aerial photos make O'Hares Creek look like a great summer walk (swim) location. Participants must be reasonable swimmers and happy with uncertainty. All exploratory for leader. Grade: M222 Maps: Appin
Sat 9 Feb	Lane Cove NP - Macquarie Park to Wollstonecraft The walk will begin at Macquarie Park Station, on street to the Lane Cove NP entrance then along the Riverside Walk to Lane Cove Weir. Then, we'll join the Great North Walk and continue through Lane Cove NP and various reserves, finishing with a nice shady ending at Wollstonecraft Station. An early start with limited numbers. Approx 23km and a joint walk with The Bush Club. Grade: L211 Maps: Parramatta River
Sat 9 Feb - Sun 10 Feb	Bungonia NP - Badgerys to Bungonia Badgerys Lookdown - Shoalhaven River - Bungonia Creek - Bungonia Slot Canyon - exit west end of Red Track Come visit this beautiful river and find out why Bungonia Slot Canyon is such a special place. Lots of swimming opportunities on the first day, lots of scrambling opportunities on the second day. Grade: M232 Maps: Caoura

Sun 10 Feb	Wollemi NP - River Caves & Deep Pass Maps: Rock Hill Two non-abseiling, walk through canyons in the Wollemi. In the morning we will walk to the River Caves in Budgery Creek. We then drive to Deep Pass, have an early lunch and walk, scramble and generally use any skills we have to avoid falling into the water. Participants must be able to use a set rope to scramble up small cliffs/waterfalls and balance on man (woman) made log bridges. If hot, you may deliberately fall into the water. All wheel drive or 4x4 wheel drive cars are necessary to be able to drive to the start of each walk. Numbers could be limited due to the availability of cars. WET feet assured!!! Grade: S112
Mid Week	
Fri 15 Feb Q	TBA - Exploratory bushwalk or non-abseiling canyon Maps: TBA Depending on the weather, either a walk exploring the amazing country in the Wollemi/Mugii Murum-ban or a non-abseiling/swimming canyon walk will be offered. Put this date in your diary and watch Short Notice Walk announcements for exact details. Grade: S223E-Q
16-17 February	
Sat 16 Feb	Gosford Reserves - Gosford Reserves Maps: Gosford The walk will begin from Gosford Railway Station and enter Rumbalara Reserve behind the Gosford CBD. From there we'll walk out to Katandra Reserve and Seymour Pond before returning to the Station. This is a very easy walk of approx 14km. Grade: M111
Sat 16 Feb	Blue Mountains NP - Upper Grose Exploratory Maps: Mt Wilson Starting in the abandoned Canyon Colliery mine site in the upper Grose Valley, we'll descend on track, before starting off track creek walking up the lush rainforested lower sections of Koombanda Brook Canyon and side creeks. We'll then continue to Kamarah Gully where we'll ascend through the cliff lines up onto Kamarah Ridge, with views down the Upper Grose, then head for Bells Line of Road. Canyon Colliery - Koombanda Gully and canyon - side creek - Kamarah Gully - Kamarah Ridge - Bells Line of Road. (See Michael Keats 'Upper Grose Valley - Bushwalkers Business' for more info). Grade: M222
Sat 16 Feb	Kanangra-Boyd NP - Morong Deep in a day Maps: Kanangra, Yerranderie, Shooters Hill, Gurnang The last Greater Blue Mountains challenge? – Morong Deep in a day. Enter via Morong Creek Falls exit via Megalith Ridge. Fast, small party – numerous swims with bonus 800m climb out at end of the day (good warm up for mountain biking the following day). Drive to Kanangra Friday evening, dawn start Saturday morning. Limit: 5 Grade: L333E
Sat 16 Feb - Sun 17 Feb Q	Blue Mountains NP, Kanangra-Boyd NP - Mumbadah Creek camp Maps: Jenolan Galong Farm - Ironpot Mountain - Ironmonger Ridge - Coxs River - Jenolan River - Mumbadah Creek camp - return along Jenolan River - Coxs River - Hobbles Spur - Galong Farm In places, this walk is close to spectacular - sun reflecting off water onto sheer rocky gorge walks - doesn't get much better! Grade: M232-Q
Sat 16 Feb - Sun 17 Feb	Blue Mountains NP - Jims Creek Maps: Katoomba A special spot in the Kolonga Labyrinth handed down by an old-hand in the club. You won't be able to find the name on the map, you'll have to come along to find out where it is. Some off-track and creek walking, suitable for beginners wanting to give it a try. Grade: S122

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Sun 17 Feb	Kanangra-Boyd NP - Kanangra-Boyd fire trails – mountain biking Enjoy picturesque firetrail riding around the Boyd Plateau. 50-60km round trip. Limit: 8. Grade: L322	Maps: Kanangra
Sun 17 Feb	Ku-ring-gai Chase NP - West Head Circuit We have 6 beaches and at least 4 stunning lookouts on this Pittwater and Broken Bay shoreline walk from the West Head Gun Emplacements to the Basin on tracks, a little rock hopping and a little off track as well. Plenty of swimming opportunities. Accessed by the Palm Beach ferry. Grade: S222, 9km, one 200m climb	Maps: Broken Bay
Sun 17 Feb	Bouddi NP - Bouddi coast & beaches Starting from Putty Beach, following the Bouddi Coastal walk out to Little Beach via Maitland Bay, then returning back to Putty, mostly along the same route. A few short side trips on route to lookouts and other beaches. Roughly 16-19km, half day walk, dependent on side trips. Includes stretches of beach walking, steps, short ups and downs, bush track and a little firetrail. Great coastal scenery, options for swimming. Grade: M211	Maps: Broken Bay
Mid Week		
Wed 20 Feb	February Social Night Details TBA via Integrated Program; Kirribilli Neighbourhood Centre, Fitzroy St Kirribilli, 7.35 pm	
Fri 22 Feb Q	TBA - Exploratory bushwalk or non-abseiling canyon Depending on the weather, either a walk exploring the amazing country in the Wollemi/Mugii Murum-ban or a non-abseiling/swimming canyon walk will be offered. Put this date in your diary and watch Short Notice Walk announcements for exact details. Grade: S223E-Q	Maps: TBA
23-24 February		
Sat 23 Feb	Blue Mountains NP - Springwood Springwood Station - Magdala Creek - Glenbrook Creek - Sassafras Gully - Springwood Station A good walk for a hot day. Shaded creek walking with the opportunity to have a cool off swim at lunch time. Grade: S111	Maps: Springwood
Sat 23 Feb	Royal NP - Bundeena to Austinmer You've probably heard of Otford to Bundeena, or may have walked Otford to Austinmer, but have you ever linked the two? Let's make the most of the summer daylight hours to cover the distance. Grade: X321	Maps: Multiple
Sat 23 Feb - Sun 24 Feb	Wollemi NP - Colo river liloing Mountain Lagoon - T3 Track - Colo Meroo - Mailes Ridge - Gaspers Ridge - Mountain Lagoon Walk down to the beautiful Colo River to glide on our lilies to a fantastic campsite. Spend some time in the afternoon fishing, reading, swimming, or whatever you want to do. As always happy hour will be a priority. The walk out can require some effort so please advise of recent walks with the club and weekly fitness regime if not known to leader. Grade: M232, 29km +/- 520m	Maps: Mountain Lagoon
Sun 24 Feb Q	Popran NP - Upside Down Man Popran National Park - Mt Olive - art site overlooking Glenworth Valley - historic Mailman Track - Ironbark Creek - Red Belly Black Gully - Upside Down Man - Pipeline Track - return cars. About 14 km. Climbs under 150 metres, but substantial amounts of off-track. First unnamed art site is very good and rarely visited, Upside Down Man is one of the best in Sydney Region. Grade: M213-Q	Maps: Gunderman

Summer 2018-19 Social Program

Every event is held at the Kirribilli Neighbourhood Centre (KNC), **16-18 Fitzroy Street, Kirribilli**, unless otherwise indicated.

Please assemble on the ground floor so that the yoga class, which uses the room before us, can finish in quiet.

Social Evenings are preceded by a pre meeting dinner at the Mad Italian, a cheap and cheerful Italian restaurant just around the corner at 5A Broughton St, where club members congregate from 6.30pm on.

December

Wed 5 Dec, 7:00pm - **Committee Meeting** - Observers welcome

Wed 12 Dec, 8:00pm - **Introduction to SBW** - New members evening. An opportunity for those thinking about joining the club to learn more about it.

Wed 19 Dec, 7:35pm - **Social Evening – SBW Christmas Party**

January

Wed 9 Jan, 6:00pm – **SBW Annual Picnic**, Balmoral Beach

February

Wed 6 Feb, 7:00pm - **Committee Meeting** - Observers welcome

Wed 13 Feb, 8:00pm - **Introduction to SBW** - New members evening. An opportunity for those thinking about joining the club to learn more about it.

Wed 20 Feb, 7:35pm - **Social Evening: Details TBA via Integrated Program**

COME AND SUPPORT OUR GUEST SPEAKERS!

Why not come along and meet for dinner at Kirribilli before one of the social evenings?

If you have any ideas for social events, contact the Social Secretary: social@sbw.org.au

Have you had a great trip somewhere you would like to share? Let us know.

A photograph of a person hiking in a cave. The person is wearing a blue shirt, dark shorts, and a backpack, and is standing on a large, moss-covered rock. The cave walls are dark and textured, with some green moss visible. A pool of water is in the foreground, reflecting the light. The text "See you on the track..." is overlaid on the image in a white, italicized font.

See you on the track...