

## KAYAKING IN NSW



New South Wales is a kayaker's paradise. There are countless waterways near Sydney – Sydney Harbor, including Middle Harbor, Pittwater, Narrabeen Lagoon, Berowra Creek, Cowan Creek and the Hawkesbury. Across the Hawkesbury, there's Brisbane Water. Further south, there's the Georges River and Port Hacking to mention just a few. Travelling north or south from Sydney to the Victorian and Queensland borders are countless lakes and rivers. Coolana, the SBW property, is

on the Kangaroo River, and is accessible downstream from Tallowa Dam, or you can paddle there from upstream

The Sydney Bushwalkers have a kayaking/canoeing group, sometimes referred to as the Stunned Mulletts which paddle reasonably regularly during the warmer months. We often join forces with another laid back group, the Cirrhosis of the River paddlers.

We do both day and extended paddles. You can carry far more in a kayak than in a backpack, camp tables and chairs are a common cargo. We paddle at a moderate pace, stopping for morning tea and lunch en route and usually have breaks every hour to stretch our legs. We camp in beautiful places often only accessible by water, and always have a Happy Hour which can be a real gourmet affair – real bottles of wine – as weight isn't so much of an issue.



Lots of bushwalkers find kayaking complements walking – you get a different aspect of the bush from waterways, nearly always from roads and traffic. A lot of places we visit are only accessible by water.



It's not hard to learn to kayak. There are hire places on the Harbor and Narrabeen Lagoon where you can practice. We don't paddle on the open sea or down rapids (unless they are very small). For further information, contact anybody who is into paddling including the [newseditor@sbw.org.au](mailto:newseditor@sbw.org.au).